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Jeev's Shubhkamna Champion's Golf 

Shiv's GPL Golf Tournament 

Celebrating 50 Years of Ladies Section 

Silverglades Delhi win the 2nd Louise Phillippe Cup 

Photograph: Karam Puri

Tee off with the Captain



Dear Members,

Delhi experienced an exceptionally cold winter this year and the Club Management team responded swiftly to the needs of members be it central heating in the Bar / Men's Changing Room or the early morning drills by the Course Management to keep the Greens / Bunkers in ship shape for the morning golfers.

Your Committee continues to strive to make this institution one of the best in the country bringing in technology, innovation and transparency in all activities of the Club.

Lodhi Course: Despite a prolonged harsh winter this year, with low temperatures continuing over many days in January, the Course Management are to be credited for their hard work in keeping the Course, specially the Greens, in playing conditions. The morning Golfers specially have conveyed to me their gratitude for the Course Staff, who, right through the winter, worked in freezing conditions in the early morning darkness to have the Course in shape before the first tee off.

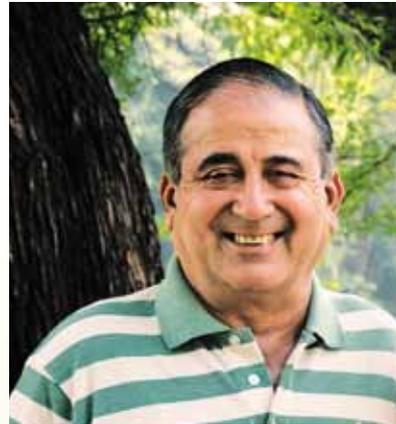
As the weather starts improving from March, the Greens Committee in conjunction with the Course Management, has drawn up an action plan taking on even some of the smaller issues like bald pitches on the fairways, practice greens and some of the greens dotted with pitch marks etc.

Preparatory work has started for upcoming tournaments i.e SAIL-SBI and Panasonic Open as per guidelines received from the Asian Tour. As Bunkers have to be compacted for these tournaments, let me assure you that as soon as the tournaments are over we would be furrowing the bunkers and topping up with a 2 inch layer of sand which has arrived after a gap of almost one year. Trial sand orders were placed after sampling and price negotiations, and hopefully we have solved this problem on a permanent basis.

The restriction of playing rights of our privileged invitees from playing on the Lodhi Course on week ends and public holidays between 1st December – 15th February further helped in easing the pressure, specially in the mornings.

Golf Operations is fully functional at its new location at the Entrance, not only for the convenience of Members, but also to receive Guests (Green Fees players) who were earlier being greeted by the Caddy Master and Caddies.

Golf Operations headed by the Dy Secretary Amit Deb with hands on assistance by Sudarshan Singh Dy. Golf Operations



Manager, have done a creditable job in preparing a complete database of the 550 odd Caddies complete with their co-ordinates and measurements. Courtesy donors, T-shirts, trousers, shoes and socks were issued to them. I have had preliminary discussions for Caddy training with

Ishwar Achinta of the IGU who has successfully conducted a similar exercise recently at Madras Gymkhana Golf Club.

The GC is now focussing on the **Peacock Course**, which has languished with it's mud based Greens and Tees and lacklustre fairways since 2004, in anticipation of the permission for felling of trees which has not been forthcoming. The General Committee has decided that while we pursue plans to obtain such permissions for felling of trees which may take more time, we have to upgrade this Course within its present yardage.

As you are aware last year the previous committee had signed an agreement with Golf Consultant, Phil Ryan for up-gradation of the Peacock Course, approving his plans with an increase in yardage of 300+ yds and upgrading of Greens and Fairways. In fact, in anticipation of getting these approvals, he had already submitted his drawings/BOQ's etc. During Phil Ryan's visit to India in the last week of February, the GC after a meaningful dialogue invited him to examine the possibility of his assisting us in upgrading the Peacock Course in its existing form without felling of trees. By mid-March he will submit fresh plans for the Peacock Course dovetailing with his earlier proposal and drawings. He has agreed not to charge a professional fee but only expenses towards local travel in India and accommodation for his visits to Delhi. The drawings / layout / costs etc will be discussed in an Open House before the plans are implemented.

Lastly, I appeal once again to all that you and your Caddy fill divots and repair pitch marks on the Greens. All Caddies are being provided good quality "Pitch markers" from the first week of March. It is a matter of shame that we have to engage labour from time to time to repair pitch marks on our Greens.

Governance & Administration: One of the first steps initiated towards good governance and co-ordination by the Club Secretariat was the formation of the Club Working Committee (CWC) since December 2012. This meets every Tuesday afternoon for an hour, with the Secretary chairing this weekly review along with the HODs, the FC, the GM–Course, the Course Suptd, the F&B Manager; the Dy Secy, the Manager HR & Admn, with the Captain as invitee. All issues relating to Club operations, inter department co-ordination are discussed and resolved.

The DGC congratulates the Delhi Gymkhana Club on its Centenary Celebrations!



The CWC is presently engaged in drawing up the first cut budget of 2013-14 and the plans of each department plans are being reviewed collectively before submission to the GC.

At our initiative and follow-up, we had a joint review on 31st January with Delhi Gymkhana Club on issues of common interest. This was of great help to both Clubs, as we shared information on F&B, HR, Legal and Secretarial matters. Both Clubs have agreed to make this a regular feature.

We are working on similar exchange programmes with the NCR Golf Clubs on Course Management, machinery and other purchases, Caddy schemes etc. for mutual benefit.

Various standard operating procedures (SOPs) have been put into place moving towards eliminating bad practices, which had seeped into the system.

A major thrust and initiative was taken by the Membership and Technology Committees in microfilming and digitalization of Application Forms as well as the Minutes Book of GC/Sub-Committee Meetings; this is now nearing completion.

Building Projects: We have received the approval from the Competent Authority of the Archaeological Dept. and have had meetings with officials of Ministry of Urban Development and L&DO.

The L&DO had carried out an inspection in early February and have now included under breaches / misuse, some of those structures that were not in their earlier list. In our meetings with these officials, we have again highlighted that just like the earlier breaches all these are part of a Golf Club Activity [i.e Starter's Hut on 1st Tee / 12th hole Ladies Toilet / 14th hole Refreshment Structure etc].

The letter issued last year granting temporary regularization to the breaches was valid till mid-January, which the L&DO had indicated that he would extend for another year giving us time to approach the NDMC to regularize these breaches.

NDMC officials have pointed out that collectively these breaches / misuse exceed the limits in the covered area granted by Ministry of Urban Development in the original lease signed. As per them, the way forward is to get the Ministry of Urban Development / L&DO to grant a NOC to the Club for all these breaches / misuse under the additional one acre ground coverage area which, in any case, we would require for the building project. The President and I had met the Minister and officials in the Urban Development Ministry and this is being followed up by me personally.

Meanwhile, we had a detailed meeting with our architects

Rajendra Kumar & Associates conveying the GC's decision that they should speedily move forward in obtaining all clearances and approvals from the different Agencies / Authorities. They will come back with the time frame and cost for this.

Lawn lunches / F&B issues: The lawn lunches commenced in mid-November. However, a number of complaints about the large number of guests being entertained on week-ends were received and accordingly restrictions were brought into place in January, limiting the number of guests. This did bring some resentment on the high Guest Fee charges imposed for additional guests but simultaneously we received appreciation from a majority for the "Club-like" atmosphere and the easy availability of tables.

A member had written that a section of members feel the Club has raised prices from 1st October and that these were not in line with Delhi Gymkhana and IIC pricing. There has been no price revision from the time the new General Committee was formed and the F&B Manager has put on the Notice Board a price chart comparison between DGC / Gymkhana / IIC for the information of Members.

Finances: As I had mentioned in my message in the December Green Scene, a major area of concern has been the Club's financial performance which recorded a loss of Rs.79 lacs in the first six months: April–September 2012.

It has just not been possible to make up this huge fiscal deficit in the last six months (October 2012 – March 2013) of this financial year although we tightened our belts and the HOD's have been directly involved on monthly budgets vs. actual expenditure, and all spends are totally need based.

A new approach to raise revenues by way of sponsorship is on the cards and with the meticulous controls introduced for non-planned expenditure, I expect a major improvement in the next fiscal.

PS: As I write this report, our longest servicing Secretary Rajiv Hora resigned and moved on to better pastures. The General Committee as well as the Staff held fond farewells for Rajiv.

The exercise for taking on a new Secretary is on and in the meanwhile, a GC member Mr RPS Brar has very kindly agreed to fill the gap as Honorary Member Secretary.

Warm Regards,

KAPIL CHANNA

Sub-Committees Reports



GREENS

CHAIRMAN: Mr Kapil Channa
CO-CHAIRMAN: Mr Vijay Topa

We were happy to receive comments from our Members that despite the long and harsh spell of winter this year the Course Management did manage to keep the playing conditions going. In the given circumstances they did their best. In order to save our Lodhi Course Greens we have removed other variety grass from 12 greens and sodded with **tiff dwarf variety grass** which can be seen. We could not work on the remaining Greens due to the forthcoming tournaments and these will be taken up at an appropriate time as this is an important exercise for the future of our Greens.

We have further augmented our Course with the installation of a **Toro Procore** equipment for the coring of Greens and Tees. Long awaited **True Strike mats** have also arrived and have been installed at **PDR** and now all 16 bays are equipped with **new sets of mats**.

We have started preparations for upcoming mega events i.e **SAIL-SBI Open** and **Panasonic Open India**. We have cored / aerified all the tees, fairways and rough areas in order to improve the root zone environment of the turf and stimulate vigorous growth. In addition we have fertilized the Lodhi Course once and have been able to fertilize and top dress the Greens twice.

Despite major breakdown in the recycled water pipeline whereby the **Club has not received any irrigation water from Delhi Jal Board since mid-December**, we managed the golf course improvement activities and regular maintenance work with internal resources. One of our **tube wells** which had been lying defunct for years, was activated by installing a **new submersible pump** and another one will be activated very shortly.

Our meeting with **Phil Ryan** of **Pacific Course Design** related to the improvement plan of the **Peacock course**, including the re-laying of all Greens in addition to some features i.e bunkers and tees etc. has already been covered in detail in the Captain's Report.

The Greens Committee continues to meet twice a month with our Special Invitees - Gaurav Ghai, Vivek Bhandari and Manav Jaini - giving practical advice on the condition of the Lodhi Course / Driving Range / Peacock Course,

FINANCE

CHAIRMAN: Mr Anil Mehra
CO-CHAIRMAN: Mr Rohit Sabherwal



Keeping in view inflation and increased costs, the General Committee has approved the increase in Members' subscription fees w.e.f February 2013. This increase comes after a gap of almost 5 years; still it has been kept at very nominal increase of Rs.100/- per month and Rs. 50/- for Senior Citizens.

As shared in the previous issue of the Green Scene, we have now prepared a system of internal budgetary control which will help management to monitor the variances in actual and budgeted figures on the regular basis. This will be implemented effective April 2013.

The Fixed Assets purchased before 2008 were being charged depreciation at very low rates without considering the expected life of the assets. As such, whenever we wanted to replace these assets, the Club had to show huge losses because of low depreciation and high written-down value in the books, whereas by then the market value of the assets was nominal or nil. To overcome this problem the Club had decided in 2008, to depreciate all the assets purchased after 1st April 2008 at fixed rate of 20 % per annum (which is too high a depreciation), whereas the assets purchased before 2008 continued to be depreciated at a lower rate as before. We are now in the process of rationalizing the depreciation rates to overcome anomaly of too low and too high depreciation. The depreciation rates will be fixed on the expected life of the assets and their usage in the Club.

From this year onward we plan to finalized the Accounts and Audit in the month of May as compared to the previous year where it was done in the month of August & September. For this, we have streamlined various accounting procedures and had meetings with Statutory Auditors and have requested them to finalize the Statutory Audits of the Club in the month of May. The purpose of finalizing the accounts audit in time is to plan for monitoring the expenses for the next year immediately and more effectively.

HRD

CHAIRMAN: Mr Ashwini Luthra
CO-CHAIRMAN: Mr Satish Girotra



The process for recruitment of Maintenance Engineer, Fire and Safety Officer and also office staff is on. The Club Secretary has resigned and we are in the process of finalizing the new Secretary.

We are also examining grievances of the staff and working towards better industrial relations and motivation for better productivity.

Health check-ups have been organized for Club staff through Cancer Society of India. In collaboration with the Delhi Golf Society a Healthcare Check is being organized for the caddies. A training camp for caddies will be held in April.

The Statesman newspaper has agreed to sponsor T-Shirts, trousers, socks and sweaters for 350 caddies. Shoes have been donated to all 550 caddies by GS Talwar (T-017)

up-gradation etc. The three senior Starters are the other permanent invitees and along with the Golf operations' team comprising the Dy Secretary / Dy Manager Sudershan, and Vinod, various initiatives are in progress to streamline pace of play, turn around time of members in the Annexe and marshalling of Lodhi & Peacock Courses, the JTP area and the PDR.

F&B

CHAIRMAN: Mr TS Sawhney

CO-CHAIRMAN: Mr Greesh Bindra

The Lawn Lunches have been on in full swing through the winter months and members have appreciated the new layout with the food counters having been shifted so as to give a clear view of the course. Smart new furniture has been purchased for the Pub Terrace, and with the kebab counter having been shifted elsewhere, space was created for four extra tables. As an experiment seven tables have been placed on the patio outside the Bar; in the evenings full Bar & Dinner service are available. This has proved popular with members and now it is planned to have Lawn Dinner through the summer. A tie-up for bakery items with Tonino's is in the pipeline. A Chivas Regal promotion was held at the Bar in January, 2013.



A JAZZ/ROCK/POP MUSIC CONCERT Main Lawn - Tuesday March 12th 2013

Max Mueller Bhawan and Capital Jazz IS are sponsoring a 16-member German Band who will play along with a renowned Indian percussionist Ramesh Shotham and vocalist Rama Mani. This event is exclusively for Members and Senior Dependent Members only. A varied choice of food and beverages will be available at Club rates besides Stella Beer will be offering pints at a heavily discounted price.

HOUSE

CHAIRMAN: Mr HB Singh

CO-CHAIRMAN: Mr Greesh Bindra

Pub Terrace: New furniture has been purchased. The kabab counter has been removed, with the result that twenty more table covers can be accommodated. The bonus is a limitless view of the course. The flooring will also be replaced and should be completed by May 2013.



A new office for Banquet Bookings has been created in the new room opposite the Card Room.

The Caddie Masters Hut in Car Park No. 1 and the Porta-Structure (for comfort of F&B Staff) in Car Park No. 2 is nearing completion.

The House Committee continuously cleans, paints and spruces up the existing areas of the Club including Main Building, Office and Caddy Rest areas.

TECHNOLOGY

CHAIRMAN: Mr Anil Virmani

The Technology Committee has implemented the following projects for the convenience of Members:



- As per the feedback received from various Members, the Club has now made a provision that payments made by member through the Club's Payment Gateway are credited to their accounts instantly; this was previously being credited manually on the 2nd and 3rd day. This will be very useful for members making payments during the Holidays or on Sundays. Members are requested to use this facility to pay their bills through www.delhigolfclub.org.
- We have made a provision for the members to view the blood group of other members which can be very helpful in an emergency. Club has requested all members via email for their blood groups to include in their profile; soon this information will be available in the Members Area of the Club website. Members are requested to send in details of their blood group.
- The List of Gazetted Holidays for the current year has been posted on the Club website for benefit of Members and Green Fees players.
- Answers to the queries raised by members are being monitored and the reply is sent from the authorized person within three working days, Members are requested to use the facility of the webmail through Member's Area on the Club website.
- The Technology committee is trying to introduce hand-held device for billing in the Annexe area for better and faster service.
- Microfilming and digitization of documents and records are expected to be completed by 11th March.

T&H

CHAIRMAN: Maj Gen KMS Shergill

CO-CHAIRMAN: Mr PRS Brar

We are pleased to inform the members that our Delhi team comprising Shamim Khan, Rashid Khan, and Himmat Rai won the 2nd Louis Phillipe Cup 2013, held at Jaypee Greens from 11th to 14th February 2013. These local lads who were members of the team, put up an excellent performance - we are all proud of them!



The Members Competitions are becoming very popular with an average of 315 members participating. Total Sports Asia who are conducting these competitions, has been asked to give attractive giveaways to the participants.

Professional tournaments SAIL – SBI Open 2013 and Panasonic Open 2013 are scheduled to be held at the DGC from 06th -10th March 2013 and 04th - 07th April 2013 respectively. We are expecting an excellent field of Asian Tour Pro's.

Results of Louis Phillipe Selection Trial

GOLDEN CATEGORY:

Winner R K Verma (TC262) 73 Gross
R'up B R Handa (H133) 75 Gross

SILVER CATEGORY:

Rajesh Mehta (M466) 79 Gross
PRS Brar (B377) 81 Gross

LADIES CATEGORY: Winner

Renu Rathore



The International Team Event at the **112th Tata Steel All India Amateur Golf Championship** at the RCGC, Kolkata was clinched by the India B Team comprising Gagan Varma (V-115) and Udayan Mane with a 5-shot victory.

Ankur Chadha stole the limelight by heading the 36-hole strokeplay giving him top ranking in the Matchplay. The keenly fought finals between teenagers Viraj Madappa and Shubhankar Sharma saw the latter emerge a deserving champion.

The **World Match Play** saw Rory and Tiger tumbling out in the first round itself! **Matt Kuchar** defeated reigning champion Hunter Mahan 2 & 1 at the Dove Mountain Golf Club, Arizona. A great achievement after six matches playing the top 64 players in the world.

Jeev M Singh slipped on the final day of the **Dubai Classic** on 3rd January 2013 to finish T10. The title went to **Stephen Gallacher** who made five eagles that week.



The **3rd Gujarat Kensville Challenge** (January 31st – February 3rd) set the tone for the European Challenge Tour season. Sachin Tendulkar, Brand Ambassador for the Kensville Golf & Country Club performed the ceremonial tee

off; the sponsors hoped that it would lure the great cricketer to golf after his retirement! **Shiv Kapur** notched up his second successive win by 2 strokes.



Nike has replaced disgraced Lance Armstrong with World No 1 **Rory McIlroy** with a sponsorship worth as much as \$250 million over the next ten years, one of the most lucrative in global sport.

Rookie **Russel Henley** launched his US PGA Tour career with a record-setting victory closing a 7-under par 63 with five straight birdies at the first full-field tournament of the season, the **Sony Open** in Hawaii, totaling a 24-under par 256. He also set a record for the lowest 72-hole total by a rookie in PGA Tour history.



World No 2 **Tiger Woods** captured his 75th career title winning the US PGA **Farmers Insurance Open** for his record-setting eighth career triumph at Torrey Pines, moving closer to the all-time record of 82 triumphs set by Sam Snead. Despite two bogeys and a double in the last four holes, he won by a comfortable four strokes.



Shamim Khan edged out Mukesh Kumar in the playoff to win the **PGTI Players Championship** title at the Classic Golf Resort. Shamim (66-70-70-70), who was in third position overnight placed three strokes behind the leader

Mukesh, made a solid start to the day with pars on the first eight holes followed by a birdie on the ninth; he finished at 276, tying Mukesh.

Phil Mickelson completed a wire-to-wire victory in the **Waste Management Phoenix Open**, again flirting with history in a dominating run at TPC Scottsdale when he shot a 4-under 67 to finish at 28-under 256, two strokes off the PGA Tour record of 254 set by Tommy Armour III in the 2003 Texas Open.

Abu Dhabi HSBC Golf Championship was won by **Jamie Donaldson** with a score of -14; top five players scored -10 or better in a tournament that saw McIlroy and Woods miss the cut.

Photographs courtesy www



MEDICAL CHECK-UP CAMPS

Two Medical Check-up Camps for the Staff were held in December 2012 and February 2013. Over 100 staff have been attended to. These have been organized through Cancer Society of India on a chargeable basis. The follow up is being done through the DCWA Medical Centre.



Reflections

In the recent past the sports world has been stunned by the admissions of the record-setting seven-time winner of the Tour de France, Lance Armstrong, that he had been taking performance-enhancing drugs practically throughout his career. The media was full of news, articles, interviews, opinions, about the disgraced champion, all stumbling over themselves to be aired first. In a state of shock and bewilderment I brought my mind to the world of golf and what, if any, part did drugs have to play in this game. And shortly thereafter news about former World No. 1 Vijay Singh inadvertently having used a banned substance in an analgesic spray hit the press; much was made of an innocent act by some fellow-pros. The one most shocked and angry at himself was Vijay, who like a true golfer brought attention to a lapse on his part, a lapse merely in not knowing the list of banned drugs which had put himself in such a position.



Doping in Golf first came to our attention in 2007 when nine-time Major winner Gary Player, awakened the uneasy debate over the use of drugs in golf, insisting that these were a fact of life in the professional game and asserting that at least 10 players at that time were using the human growth hormone Creatine or steroids. He said that "We're dreaming if we think it's not going to come into golf." Player's comments were vehemently queried by leading players including Ernie Els and Justin Rose who said they were unaware of drugs in the locker room. And Els commented, "I take Advil for pains, anti-inflammatories for my knee; and when it gets damp I take Guinness."

In November 2009, sixteen months after the Doping Policy was put into place, an unheralded pro, Doug Barron, became the first player to fail a drug test and be banned by the PGA Tour for one year for taking performance-enhancing drugs. That was a stigma on this beautiful game. But on the positive side: he is the one and only professional to be punished for doping.

What does that say about this game?

Golf is not a game of mere brawn.

Golf is a game of 'Feel', of 'Touch'. A game dependant on Accuracy, on Delicacy. A game of solitude and silence within one's self as there is so much time between each shot one plays. As Bobby

Jones famously expressed: "Competitive golf is mainly played on the 5 1/2" course which is the space between your ears".

Golf is not merely an endurance sport. Though it requires strength to power the ball down the fairway, it also requires a delicate touch around the greens. And intelligence to master innumerable tricky situations. So could those drugs used to settle emotions, calm down nerves, be the ones that golfers could/would subscribe to? As the game requires multiple skill-sets, one drug that would enhance power would have no place for 50% of one's game; and a 'calmer' could play spoil-sport shots requiring strength. Golfers do not require bulking of muscles, they require 'Timing'. So muscle-builders would actually damage a golfer's swing-plane. A number of golfers smoke on the course to relieve tension, unlike other athletes who would be deterred from doing so due to conserving physical strength. A muscle-relaxant or sedative would dull the player's senses. So where does that leave the golfing pro?

Do drugs have a place in a game where a player is his own judge, his own referee? Will the game stay pure? There is humungous amount of money on all the pro tours, most especially on the PGA Tour – how tempted would players be to 'make the cut' and more.

There are no shortcuts to greatness. Competing golfers would do well to remember the words of great golfing legends Sam Snead and Arnold Palmer: The former's words, "You cant go into a shop and buy a good game of golf", could be extended from equipment (which he was referring to) to banned substances. Palmer reiterated in his words, "There is no such thing as an easy way to reduce your score, no magic wand that is going to turn you into a great golfer."

This having been said, golfers should wake up to the reality of drug-abuse. The 2016 Olympics will see golf in the limelight, and as it is mandatory for all athletes at the Games to undergo drug-testing, golfers must have complete knowledge of banned substances so that Vijay Singh's mistake is not emulated.

This clean and pure sport should make every attempt to remain so – and remain at the pinnacle of all disciplines.

Soni Manjit Singh

The DGC is proud of its Golfing Greats Jeev M Singh and Shiv Kapur, who have recently contributed to Indian Golf by initiating and hosting two golf tournaments with a difference. More on this on pages 8 & 9.

Golf Premier League

What happens when you take the coolest ingredients of T20 cricket, a floodlit golf course and Shiv Kapur? You get the first edition of the Golf Premier League.

Held at Aamby Valley Golf Course from 7th -10th February, this was the first of its kind in the world. Shiv, who's as obsessed with cricket as he is with golf, had a brainwave when the T20 was launched. He wanted to bring the same format into golf, speed up the game a little, make it a team sport and get it exciting enough for live television. This year he managed to do just that.



Shiv Kapur with Shalini Malik, the author of this piece

There were eight teams in total, each bought by a particular franchise, so we had the Maharashtra 59ers, the Uttarakhand Lions, the UP Eagles, the Delhi Darts, the Tamil Nadu Pulees, the Punjab Lancers, the Gujarat Underdaws and the Colombo 6's. Each team consisted of four players: one international star player, one Indian from the world ranking, one from the Asian tour and one from the PGTI. Team owners bid for these players at an auction held in January in Mumbai.

Amongst the international star players were **Angel Cabrera** (US Open 2007, Masters 2009), **Darren Clarke** (Open Champion 2011), **Michael Campbell** (US Open 2005) and **Rich Beem** (PGA Championship 2002). Which means that there were four Major winners gathered together and I'm pretty sure this was the first time that's ever happened on Indian soil. I've been around the game for a long time now, and even I felt an unexpected thrill when I watched these guys stride up the fairway alongside our players. Can you imagine the excitement **Rashid Khan** or **Ajeetesh Sandhu** must've felt when they played with them? As an opportunity for our talent, it couldn't get better.

The uniqueness of the GPL was attributed to two factors – one, it was the first time ever that a professional tournament was held under floodlights and two, the stipulated round was reduced to fourteen holes. This meant that tee times began leisurely at 2:30 in the afternoon and everyone was off the course by 7:30 in the evening. Perfect for television!

The format was straight stroke play for the first two days, with the best three scores counting in each team, followed by better ball stroke play between two teammates in each fourball.

The Uttarakhand Lions comprising of **Darren Clarke, Chapchai Nirat, Shankar Das** and **Mukesh Kumar** made a phenomenal move on the last day and managed to win by one shot. It was down to the wire and it was a scripted victory as Darren Clarke, by far the most expensive



The winning team members of Uttarakhand Lions Darren Clark, Chapchai Nirat, Mukesh Kumar and Shanker Das with Shiv Kapur and Daniel Chopra.

player in the league, holed the winning putt on the par three fourteenth hole (the final hole under the new format) beneath a black night sky surrounded by floodlights. It wasn't over though, the Punjab Lancers and the Delhi Darts, who had been neck and neck in the lead still had to finish. But there were no miracles for them and they had to be satisfied with second and third place.

Standing by the fourteenth, watching the tension on the faces of the Lions players' brought home what this league was truly about – it converted what is, at its highest level, essentially an individual (and sometimes lonely) sport into a team effort. I had noticed this throughout the event when these tremendous players would high five each other every time their teammate sank a crucial putt. It was a little bit like watching a regular fourball game at the DGC. Except, of course, the winning score here was a mindboggling thirty-four under par. And remember, this was over fourteen holes each day – not eighteen.

The team owners did their part in cheering and supporting their players. Some, like Dilip Thomas and Saurabh Bahuguna – owners of the Pulees and the 59ers respectively – have themselves been great players. Dilip has been one of the game's great benefactors while Saurabh can still take money off the best of them. You could see that he was itching to get in and give advice to his players – but that was the one thing that wasn't allowed. Only the team members and their sides could give each other advice.

Others, like the owners of the Uttarakhand Lions, were learning about the game almost for the first time at the tournament. Their enthusiasm was boundless. I saw them out on the course every day in their team shirts, waving a giant Lions flag and cheering every time their players hit a great shot. I almost believe that it was their applause that took their team to victory.

Then we had the celebrity team owner, Mahila Jayawardane of the Colombo 6's. I do think every Indian player (and some international ones) wanted to get photos clicked with him. Every guest who was there for the Pro Am certainly did! He was out there everyday too, gently supporting his team and biting his nails nervously when they had some tough shots.

Shiv was clear that although this was a tournament with some serious money involved, the players must also have fun. This led to a party every single night and slightly bleary eyes in the morning. All the players I spoke with said that this was by far the most fun they'd ever had in any tournament.

The Delhi Golf Club should be rightly proud of the almost disproportionate number of our players who were there. **Shiv, Gaurav, Shamim, Rashid, Daniel, Ashok** and **Chirag** (he's by marriage – but still)! And it should also be very, very proud of Shiv – it's favorite son. He pulled off something spectacular. It's hard enough holding a successful international event in India, couple that with the fact that he changed a format that's been around for a couple of centuries at least and you'll see just what a big deal this really is. He's well on his way to building his legacy – and I, for one cannot stop beaming.

Shalini Malik (M-469)





The winner Shiv Kapur with Jeev M Singh

India's most successful golfer of all time, DGC member **Jeev Milkha Singh** (C-271) hosted the "Shubhkamna Champions", a new tournament modeled on famous international invitational tournaments hosted by Arnold Palmer, Jack Nicklaus and Tiger Woods, that featured the strongest star cast of Indian champion golfers from around the world ever assembled, from December 21-23, 2012 at the Noida Golf Club. In a first of its kind initiative a select group of top-30 golfers vied for top honours. Jeev observed that, "The sport has given me so much, it is time I gave something back to it. The tournament will help the sport grow in the country. The tournament aims to showcase the best talent in Indian golf from across the world."

The star line up of players was led by tournament host Jeev Milkha Singh who had conceptualized the unique event, and who had come off a great year with a big victory at the Scottish Open. His friends who traveled long distance from their Florida homes, **Arjun Atwal** (A-201), the only Indian to win on the USPGA Tour, Swedish citizen **Daniel Chopra** who practically grew up swinging a club at the DGC and has two USPGA titles to his name added to the glamour of the event. Other top names were **Rahil Gangjee** who played the 2012 Buy.com tour in the US, European Tour regular **Shiv Kapur** (SD-694), former European Tour member and Asian Tour champion **Jyoti Randhawa**, Bangalore's **Anirban Lahiri** with two Asian Tour titles, and India's highest placed golfer in World Rankings, **Gaganjeet Bhullar**. The stellar line up was joined by winners of the 20 tournaments on the 2012 PGTI Tour including Panasonic Open Champion **Digvijay Singh**, Sri Lankan regulars on the PGTI tour – **Mithun Perera**, **Anura Rohana** and **Siddikur** of Bangladesh who is a consistent top 10 ranked player on the Asian Tour.

The tournament was played over 54-holes. The Rs. 60 lacs purse was distributed among the 30 players following the same format as the

USPGA Tour's Finale Tour Championship which also features the top 30 players on the US Tour each year. The winner bagged Rs. 10.8 lacs while the 30th player walked away with Rs 96,000.

Shiv Kapur ended a seven-year drought with a masterly final round of seven-under 65 that saw him finish at 17-under and win the inaugural Shubhkamna Champions Tournament. Kapur, whose last win came in 2005 at the Volvo Masters of Asia, rounded off a string of top-5 and top-10 finishes on Asian Tour with a win by three strokes over his old friend and 'senior' Daniel Chopra, who was unable to celebrate his 39th birthday with a title victory. Kapur's final round 65 following rounds of 68 and 66 on the first two days saw him complete the three rounds in 17-under 199 and three ahead of Chopra, leader for 36 holes (64, 68, 70) who was at 202. Gaganjeet Bhullar, the third player in the lead group shot 73 and ended the week at 9-under 207.



Jeev flanked by friends Daniel and Arjun

Mukesh Kumar (68,71,69) and **Jyoti Randhawa** (68, 73, 67) were fourth at 208, while **Anirban Lahiri** (76) dropped from overnight

fourth to ninth at five-under 211. **Arjun Atwal** (70, 70, 72) was tenth and Tournament host shot a final round of 76 and ended at tied 13th at even par 216.

"It feels absolutely great to end the year with a win and get the monkey off my back considering it has been seven years since I won in Thailand in 2005. I have been close many times, but as they you need to close and I finally did it today," said Kapur, whose parents, Ravi and Renu Kapur (K-397), followed him through the final round. Shiv felt that it was a great event and the crowds were fantastic. Unfortunately Daniel who had been leading from Day 1, was not able to sustain his game. Daniel was happy to meet all his old friends with who he celebrated his birthday. *"The win would have been the icing, but then that's golf. Still I enjoyed myself thoroughly and would love to be back soon."*

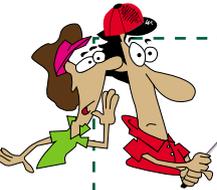
All the players wore black bands on their sleeves in support of Nirbhaya, the victim of gang rape in Delhi. Jeev, the Tournament host, made a great gesture and donated his entire prize money from the week to the young and unfortunate victim of the rape in Delhi. He said *"She is a brave girl and all my wishes and prayers are with her for her recovery. She is a big fighter in our eyes."*

On the tournament, Jeev added, *"I am very grateful to my sponsors, Shubhkamna, my friends and golfers who came out at this time of the year to play my event. We are hoping to making it even bigger next time and the sponsors will be backing me all the way."*



Daniel surrounded by aspiring youngsters at the Juniors Golf Clinic

Members Matter



SRI LANKA LEADS AGAIN AT THE 8TH NCR CUP Vijitha Bandara of Sri Lanka shot four-over 76 for a total of 293 to win the Gannon Dunkerley eighth NCR Cup Golf Tournament held at the Delhi Golf Club the last week of February 2013

The 24 year old Bandara follows in the footsteps of fellow Sri Lankan NThangaraja who won the trophy last year. India's Prince Kajotia, from the India Navy came in as runner-up with a career best finish of three over 295. He was followed by India born Thai golfer; Samarth Dwivedi at third with a score of 300, and Lakhan Singh and Amit Kumar tied fourth at 303.

Bandara's started well with a birdie on the first on day one, was one over after the front nine, and then had a set of challenges. He dropped two shots and made a double bogey on the 10th and confessed that he did have some challenges with club choice on the 11th hole. His best shot of the tournament was on the finishing hole by making a great recovery after landing the right bushes.

Other highlights included a hole-in-one on the seventh hole by Devendra Singh, who finished 22nd. Lakhan Singh took the longest drive challenge prize on the sixth hole, which was also a hat-trick in NCR Cup by him. Sunny Nagar won the straightest drive on 10th hole.

The tournament ended with a celebratory prize- giving dinner at the Club.



The Club Secretary Rajiv Hora (H-128) resigned on 28th February. He now takes over as Vice-President Golf Operations at the DLF Golf & Country Club. The General Committee and the Club Staff members hosted a farewell Dinner and Tea respectively."

Republic Day fly-past over the Lal Bangla



Member's Contribution
Lal Raisinghani (R-191) taken on his iphone

PHELPS CUP FAMILY FOURSOMES

The Competition was played on the cold wintery morning of January 5th on the Peacock Course.

...teams of families comprising grandfathers, grandmothers, nephews, aunts, cousins, children etc braved the severe weather to enjoy a fun-filled competition with their loved ones. The competition was won by the father-son team of Pran Mehra and Zubin Mehra (M-...)with a brilliant score of..... Though Zubin was the youngest player at age 6 years, 7-year of Ananya Singh (S-902)was awarded the prize for the youngest player in the competition. The 100 year+ team prize was won by the mother-son duo of Madhu RK Singh (S-514) and R Binit Handa (H-133). The Prize Distribution and sumptuous Tea, sponsored by the Phelps family, was held immediately after the game.



Winners .. being presented prize vouchers by Wanti Vikramjit Singh (V-040)

COMPETITION RESULTS

Delhi Golf Club Trophy 1st December 2012

Winner	Mrs Park (SP 970)	45 pts
Runner up	Mr Babbar SJ Bahadur (B 408)	44 pts

Seniors Golf Tournament 5th December 2012

Winner	Mr HL Bajaj (CPB 125)	24 pts
Runner up	Mr Parmeshwar N. Khanna	23 pts

Putting Competition Prizes (Senior Golf Tournament)

Winner	Mrs Anita Malhotra (M-248)
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Lt. Governor Cup 11th January 2013

Winner	Maj D N Das (D-138)	41 pts
Runner up	S S Dugal (D-097)	40 pts



HOLE-IN-ONE

Congratulations on the Aces!

LODHI COURSE

The following each have won a memento and a bottle of Ballantine's whisky (for those 25 years and above) to be consumed at the Club.

Date	Name	M'ship No	Hole
21.12.12	Raghav Nanda	SD-336	12
30.12.12	Vikram Sethi	S-570	12
6.1.13	M S Grewal	G-212	17
6.1.13	Raj Khosla	K-381	5
11.1.13	K R Menon	M-571	7
15.1.13	Vinod Chopra	C-160	7
17.1.13	Suman Sachdev	S-569	5
17.1.13	Puneet K Suri	S-578	17
20.1.13	Rohit Mehra	M-570	5
23.1.13	Ashok B Shriram	CPA-106	5
22.1.13	Deepak Talwar	T-047	7
25.1.13	Sanjay Singh	S-651	7
29.1.13	Babbar S J Bahadur	B-408	5
22.1.13	Raghav Chandra	C-341	12
20.1.13	Rohit Mehra	M-570	5
2.2.13	Capt Satish Sharma	S-536	17
3.2.13	Harinder Bansi	B-482	17
12.2.13	C L Jain	J-109	5
10.2.13	Lloyd Gillett	SP-1067	17
13.2.13	Aman Mehta	CPA-104	17
9.2.13	Dr Amarjit Singh	SP-867	7
14.2.13	Anuj Chandra	SL-052	7
26.2.13	Ashim Kapoor	K-545	5

PEACOCK COURSE

The following each have won a memento

Date	Name	M'ship No	Hole
23.12.12	Uday Kumar	K-692	6
27.12.12	Gursher S Kohli	ST-865	6
28.12.12	Ansh Kapur	ST-0797	7
29.12.12	Darpan Shah Singh	S-799	6
2.2.13	Sifat Alag	ST-848	6
7.2.13	Arun Kalra	SL-231	3
22.2.13	J K Churamani	C-215	7
23.2.13	Uday Kumar	K-692	6
26.2.13	Emiko Suzuki	SP-1050	5
24.2.13	Justice S Ravindra Bhat	TC-2206	6

For the first time an Indian team comprising two men and two women, took part in the **South American Amateur Individual Golf Championship** in Bogota, Columbia on 26th January Republic Day, 2013. The DGC's Gagan Varma (V-115) and Gurbani Singh (D-210) were team members. Due to the rarified atmosphere at the hilly Rincon Course which is at a height of 8.600 feet, the players had the wonderful experience of the ball traveling longer distance than usual! Among a field of 50 players representing 19 nations, Gurbani finished at 6th position with a 72 hole score of 309; as no lady golfer had a par round, her 2-over 74 in the last round was creditable. Nandita Rao (R-083) member of the IGU Ladies Committee, captained the team.



Nandita Rao, Captain with Aditi Ashok, Gurbani Singh, Gagan Varma and the Indian Ambassador to Colombia

OP Malhotra Passes Away



Past Captain (1985-86) of the Club OP Malhotra (M-038) passed away on 12th February 2013. He was the longest serving Committee Member (30 years). The Club extends its heartfelt condolences to the family.

OBITUARY

We are grieved to record the sad demise of the following members:

M M Tayal	T-007	Raj Kumar Malik	M-534	R P Billimoria	B-350
Kamal Narain Khanna	K-265	S P Virmani	V-102	Leela Bery	B-116
Narottam Sahgal	S-050	Gyan Seth	S-169	Om Prakash Malhotra	M-038
U C Tiwari	T-102	Harish Khosla	K-152	Satish K Anand	A-179
A L Ralliamam	R-107	B N Doundial	D-187		

Ladies Section

LADY CAPTAIN

Bubbles Suneja



The Ladies Section celebrates 50 years of ladies golf at the Delhi Golf Club. We kickstarted the new year in honour of the senior ladies. A 9-hole competition was held on 9th January 2013 followed by lunch which was immensely appreciated by all. Vinita Tripathi paid a glowing tribute to Sita Rawley.

The Coffee Morning held on 14th January was a great success and 60 ladies participated – Eminent dermatologist Dr. Mrs. Vibhu Mehdiratta gave a very informative talk on Skin Care and each member was gifted a hamper by the Skin Care Company "Rejuvnglow". A lucky draw was also held and there were 11 lucky winners. The snacks served were excellent and enjoyed by all.

Nandita Rao receiving Seniors Medal trophy from Bubbles Suneja



CELEBRATING 50 YEARS OF LADIES SECTION

Gauri Monga was the winner of the **Noida Ladies Open**, 19th to 21st February 2013 with a score of 217 gross.

The Army Inter-club Competition was held on 11th February 2013, the DGC Team of Gauri Monga, Bubbles Suneja, Situ Nanda and Mridula Tandon were runners-up on count back.

Special Forthcoming Events

10th April	50th Year Special Competition
14th April	Lady Captain Night
22nd April	Junior's Annual Day



JANUARY MEDAL ROUND

Gold Division	Ridhima Dilawari (74)		
Silver Division	Sifat K. Alag (71)	R'up	Sonaal Chaudhri (71)
Bronze Division	Reiko Oda (78)	R'up	Banmala Singh (81)

Closest to the Pin

Gold	Mayali Talwar
Silver	Neelam P. Rudy
Bronze	Uma Khanna

Longest Drive

Ridhima Dilawari
Neelam P. Rudy
Doll Singh

SENIOR LADIES STABLEFORD COMPETITION (9 Hole Competition)

Winner	Nandita Rao (18 pts)	R'up	Aneeta Bhatia (14 pts)
Closest to the Pin	Rashmi Ahuja	Longest Drive	Meena Khanna

LADY MARJORIE TANGE SALVER (23rd January 2013)

Winner	Shiraz Singh (37 pts)	R'up	Situ Nanda (35 pts)
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MALIKA TROPHY (H'cap -18 & below) 7th & 8th February 2013.

Winner	Gauri Monga (+5)	R'up	Anjali Nagpal (+2)
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FUKUMOTO CUP (H'cap -19 to -36) 7th & 8th February 2013.

Winner	Vanita Malhotra (+5)	R'up	Mridula Tandon (+5)
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Members enjoying the Coffee Morning

DCWA SALVER (H'cap -36 & below) 13th February 2013

Winner	Mridula Tandon 34 points
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FEBRUARY MEDAL ROUND (13th February 2013)

Silver Division	Mridula Tandon (75)
Bronze Division	Kanwal Varma (75)

Louis Philippe Cup 2013

Following its highly acclaimed inaugural edition in March 2012, the Louis Philippe Cup, India's premier pro team golf event was held between Feb 11-16, 2013 at Greg Norman designed golf course of Jaypee Greens Golf Resort India. The US\$ 200,00 event was contested by 9 teams consisting of India's top professional golfers.

The 9 participating cities in this year's edition were Delhi, Kolkata, Chennai, Bangalore, Gurgaon, Chandigarh, Noida, Ahmedabad and Greater Noida- competing to be crowned the champions of one of the richest tournaments on the PGTI Calendar.

The unique format of the four day event featured two days (36 holes) strokeplay in which all 9 teams competed. The four teams, seeded in the same order, Jaypee Greens Greater Noida, Navratna Ahmedabad, Silverglades Delhi and DLF Gurgaon with the best total team scores over 36 holes advanced to the semi-finals and played a knockout round while Take Chennai, AVT Kolkata, Puravankara Bangalore and Shubhkamna Noida competed for the minor placings with Dev Ellora Chandigarh knocked out.

In the semifinal singles matches, DLF Gurgaon edged out Jaypee greens greater Noida 2 matches to 1 to reach the final while Silverglades Delhi emerged victorious over defending champions Navratna Ahmedabad 2 matches to 1 much to Ahmedabad's Vinod Kumar gifting Himmat Rai a win after a triple bogey on the final hole.



Silverglades Delhi team members Shamim Khan, Himmat Rai and Rashid Khan with the Trophy.

The final round was no less dramatic as play was extended one more day due to incessant rain on Feb 16th. DLF Gurgaon comprising of Abhinav Lohan, Digvijay Singh and Jyoti Randhawa led Silverglades Delhi's Himmat Rai, 2012 PGTI order of Merit leaders Shamim Khan and Rashid Khan at the end of suspended play. When the play was resumed tables turned in favour of Delhi team as Himmat Rai defeated Digvijay Singh by 2 strokes, Shamim Khan secured the title for Delhi with his one stroke triumph over Abhinav Lohan while Rashid Khan sneaked in a thrilling win over Jyoti Randhawa with four consecutive birdies on the back nine of his match.

The winning team, Silverglades Delhi took home the prize money purse of Rs.36 lacs, while runners-up, DLF Gurgaon earned Rs. 24 lacs, team finishing in third place, Navratna Ahmedabad made Rs.18 lacs.



Juniors

3rd JANUARY 2013

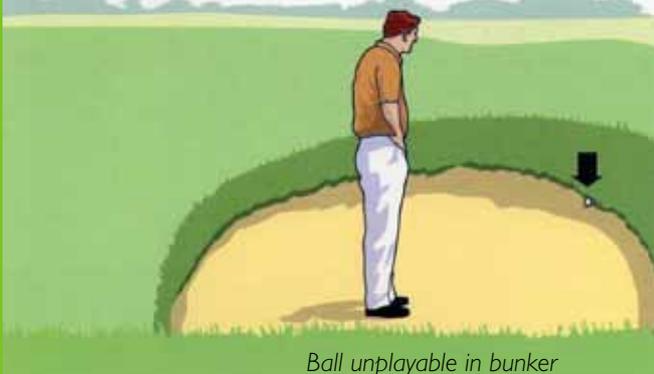
Category "A" (Boys)	Names	Scores
Winner	Satwik Jain	66
Runner-Up	Rohan Rana	67
Category "B" (Boys)		
Winner	Rohil Khan	65
Runner-Up	Arjun Verma (I)	67
Category "A" & "B" (Girls)		
Winner	Sifat K. Alag	79
Runner-Up	Manya Arora	86
Category "C" (Boys)		
Winner	Saarthak Chhibber	67
Runner-Up	Aryaman Bose	72
Category "C" (Girls)		
Winner	Sifat Sagoo	69
Runner-Up	Arshia Mahant	73
Peacock Course – 9 Holes Category "D" (Boys)		
Winner	Bharat Sharma	37
Runner-Up	Shubham Jaglan	38
Category "D" (Girls)		
Winner	Himadari Singh	40
Runner-Up	Ritika Raina	49

2nd FEBRUARY 2013

Category "A" (Boys)	Names	Scores
Winner	Rohan Rana	63
Runner-Up	Udayveer Wadhawa	64
Category "B" (Boys)		
Winner	Tohsna Khullar	67
Runner-Up	Arjun Verma (I)	69
Category "A" & "B" (Girls)		
Winner	Sifat K. Alag	66
Runner-Up	Amrita Sarna	75
Category "C" (Boys)		
Winner	Saarthak Chhibber	62
Runner-Up	Aniket Singh	73
Category "C" (Girls)		
Winner	Sifat Sagoo	71
Runner-Up	Niharika Shrivastava	79
Peacock Course – 9 Holes Category "D" (Boys)		
Winner	Eshaan Sethi	33
Runner-Up	Sachin Dayal	33
Category "D" (Girls)		
Winner	Himadari Singh	44

Rolex and Rules

The author is a past Captain and Rules Official of the DGC



RULE 28

BALL UNPLAYABLE

The player may deem his ball unplayable at any place on the course, except when the ball is in a water hazard. The player is the sole judge as to whether his ball is unplayable.

If the player deems his ball to be unplayable, he must, under penalty of one stroke:

- Proceed under the stroke and distance provision of Rule 27-1 by playing a ball as nearly as possible at the spot from which the original ball was last played (see Rule 20-5); or
- Drop a ball behind the point where the ball lay, keeping that point directly between the hole and the spot on which the ball is dropped, with no limit to how far behind that point the ball may be dropped; or
- Drop a ball within two club-lengths of the spot where the ball lay, but not nearer the hole.

If the unplayable ball is in bunker, the player may proceed under Clause a, b or c. If he elects to proceed under clause b or c, a ball must be dropped in the bunker.

When proceeding under this Rule, the player may lift and clean his ball or substitute a ball.

PENALTY FOR BREACH OF RULE :

Match play – Loss of hole; Stroke play – 2 strokes

SOME INTERESTING RULINGS:

- Q.** A player hits his tee shot into a deep canyon or DGC forest area. The player immediately deems the ball unplayable and plays another ball from the tee under the stroke-and-distance option of Rule 28. May a player deem unplayable a ball which has not been found?
- A.** Yes. A player may proceed under the stroke-and-distance option (Rule 28a) without finding his ball.

However, since Rules 28b and 28c require reference to where the ball lay, the player must find and identify his ball in order to proceed under either of these options.

- Q.** A player's ball is 8 feet off the ground, lodged in a tree. The player deems the ball unplayable.
- A.** The player would be entitled to drop a ball (under Rule 28c) within two club-lengths of the point on the ground immediately below the place where the ball lay in the tree. In some instances this may allow the player to drop a ball on the putting green.
- Q.** A player lifts his ball after deeming it unplayable and then discovers that the ball was lying in G.U.R.
- A.** Provided the player has not put a ball into play under Rule 28, he is not precluded by that Rule from taking relief, without penalty, under the G.U.R. Rule (Rule 25). The lifting of the ball does not commit the player to proceed under Rule 28.
- Q.** A player deemed his ball unplayable and under Rule 28c dropped his ball within 2 club-lengths of the spot where it lay. The ball came to rest in the original position.
- A.** As the ball was in play when it was dropped – Rule 20-4 – if it came to rest in the original position, the player must again invoke the unplayable ball Rule, incurring an additional penalty stroke, unless he decided to play the ball as it lies.
- Q.** A player's tee shot comes to rest in tree roots. He makes his stroke, fails to move the ball and then deems the ball unplayable.
- A.** He may not return to the tee, playing 4, under Rule 28a as the rule permits the player to play "a ball...at the spot from which the original ball was last played": the original ball was last played from the tree roots, not the tee.

KNOW STROKE. KNOW THE SIGNS. ACT IN TIME

Dr. J. D. Mukherji

Director - Neurology, Max Institute of Neurosciences,
Max Super Speciality Hospital, Saket



What is stroke?

Stroke which is also called Brain attack occurs when blood flow to the brain is stopped. Brain cells in the region where the blood supply stops die and their functions are interrupted.

What are the types of stroke?

There are 2 major kinds of strokes. The first one is called **ischemic stroke** caused by a clot in blood

vessel in brain. 80% of the strokes are **ischemic strokes**.

Second one is called **hemorrhagic stroke**. It is caused by a ruptured blood vessel leading to a blood clot. 20% of the cases are hemorrhagic.

What harm can stroke do to us?

Stroke can affect the entire body. It can cause paralysis on one side, both sides, loss of speech, loss of thinking, inability to walk and can render one bed ridden.

How to know the signs of stroke?

Remember the word FAST.

Face - Ask the person to smile on one side. If he droops on one side he can be having stroke.

Arms - Ask him to raise his both arms. If he cannot raise one arm or the arm which is drifting, can be because of stroke.

Speech - Ask the patient to speak. If his speech is slurred then probably he has got a small stroke.

Time – The patient has to be shifted to a hospital with facility for IV (through veins) and Intra Arterial (through arteries) for thrombolysis.

What are the treatment options for stroke?

Besides basic treatment patient needs thrombolysis, decompression craniectomy and mechanical devices to remove clots from the brain.

Why there is a need to act FAST?

Ischemic strokes can be best treated when they are treated within 3-4 ½ hours because then the clot can be dissolved by giving them t-PA injection.

What is the benefit of the fast treatment?

Recovery of the patient can be better and faster when they are treated with thrombolysis.

How to prevent stroke?

There are several risk factors which should be taken care of

- High blood pressure
- Diabetes
- Smoking
- High cholesterol
- Alcohol & smoking

FOR APPOINTMENTS OR QUERIES PLEASE CALL
9958989138

or write to jd.mukherji@maxhealthcare.com

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