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Hero  
INDIAN OPEN 2016

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# The Green Scene

Newsletter of the Delhi Golf Club Ltd.

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Hero  
INDIAN OPEN 2016



Chaurasia finally wins Hero Indian Open 2016

Peacock Course in its new avatar

DGC Captain's Night celebrated

Photograph: Dharam Diwaker

# Tee off with the Captain



Dear Member

With the best golfing months behind us, we can now look forward to the challenge and delight of some hot weather golf.

The Lodhi Course was closed for 3 weeks prior to the Hero Indian Open week leading to considerable inconvenience for the membership at large. The tournament was a complete success on all attributes, with appreciation from professional golfers, the Tournament Director and the sponsors. The greens staff is totally conscious of the fact that amelioration of course conditions is an on-going process. We are therefore unrelenting in our resolve to keep improving.

The Peacock Course was opened for play on 26th March. Whereas the membership, including a few professional golfers, have been delighted with the renovated course, I would like to highlight some salient features of the new development.

The greens are now much bigger and have interesting modifications due to land formation of soft flow of slopes. The fairways have been reshaped and have a distinctive character. The new tees are very smart and have been enlarged to accommodate numerous tee positions. The strategically re-arranged bunkers are drainage enabled and the sand is backed-up by geo textile. The new drainage system caters for faster drainage and enables the course to recover faster by allowing surface run-off through creation of macro and micro traps (catch basins). These catch basins will enable channelizing of the water to newly created aquifers to harvest water. Furthermore, a newly installed irrigation system will keep the course in good shape.

In decades to come, our Peacock Course will be a truly valuable asset. Only to enhance turf strength and longevity, golf carts are currently not permitted. After the monsoon, we will surely reassess the situation.

All in all our Peacock Course is now an eco-friendly, world class facility designed to give better shot value and to enhance golf



strategy. Lastly the upgraded Peacock Course will serve to reduce the load on our Lodhi Course and will give us an opportunity to go in for the long overdue renovation it requires.

Recently we have concluded a reciprocal arrangement with the Royal Bangkok Sports Club; I'm sure this 'Thailand' reciprocity will be put to good use by all of us.

The winter lawn lunches were very well attended and immensely popular, continuing till March end. The F&B team well and truly outdid itself, especially with the wide range of cuisines on offer.

Even during the period of water scarcity, our House staff did a commendable job of keeping all functionalities operational. A laudable and committed effort under exceptionally stressful circumstances.

The swimming pool is now open and I wish all our members a very happy summer.

With warm personal regards

*Raj Khosla*

**RAJ KHOSLA**

**P.S.: Once again, between you and your caddy, please don't forget to repair all pitch marks and fill in divots.**



It is with a tinge of pride and immense satisfaction that I share with you the happy tidings of our 'Peacock Course' winning the prize for the **'BEST RENOVATED GOLF COURSE'** at the recent India Golf Expo 2016.

Behind every successful project lies teamwork and in this case as well, we were blessed with a truly superlative combination of professionals i.e. the architects, the contractors and of course our own Greens staff. The construction began on 05 January 2015 and within 15 months (which included 3-4 months of dormancy) the course was opened for play on 26 March 2016.

We would also like to convey our sincere thanks and appreciation to all the members of the Club for their unstinted support and patience.

## MEMBERSHIP

**CHAIRMAN:** Mr Raj Khosla

**CO-CHAIRMAN:** Mr Vikram Seth

The Committee has actively taken up Membership issues relating to both upgradation and new memberships. A large number of outstanding issues have also been resolved. The status of upgradation and new membership are as follows:



### Upgradation of Membership

**From Mid-week to 'A':** 8 members recommended for upgradation vide MSC dated 6th February 2016.

**From 'C' to Mid-week:** 13 members recommended for upgradation vide MSC dated 6th February 2016.

### Fresh Applicants are being considered with the following seniority:-

- |                             |               |
|-----------------------------|---------------|
| • Indian Business           | May 1987      |
| • Indian Service            | August 1999   |
| • Dependent Applied in Time | December 1997 |
| • Dependent Applied Late    | August 1989   |

## HOUSE

**CHAIRMAN:** Mr Harinder Bansi

**CO-CHAIRMAN:** Mr Lalit Talwar



The House Committee reports that the following works have been successfully completed during this period:

1. Construction of red stone steps/ stair case at Tee No-14/16 of Lodhi Course is complete.
2. Improvement to the Children Park area including the sun covering has been done.
3. Addition/alteration and renovation of the PDR hut and construction of a sitting area next to Chipping Range. In addition the PDR area has also been renovated by relaying the tiles, removing the planters and providing granite top platforms near the hitting area.
4. Provision of additional paved area on the main lawn to accommodate more seating.
5. Construction of a new cart path at Tee No.9 of the Peacock Course.
6. Repair and renovation of the Dy Course Manager's office.
7. Repair and renovation of the Caddy Wash Room area behind the Caddy Hut.
8. Construction of a retaining wall, with Iron Jaali, in Car Park No.2 towards the hill side.
9. Renovation of "Kartar's Canteen" at Car Park No.2 has been carried out and inaugurated by the Captain.
10. Construction of an additional shed for caddies, adjacent to the Caddy Hut.
11. Laying of a new sewer/drainage line, dia-10", at the swimming pool area.
12. Addition/ renovation to the cart path leading from the main office building to the arch bridge near Tee No.6.
13. Repair and renovation of the old Bakery area into three offices for Executives/ Supervisors.
14. Timely repair/ maintenance of swimming pool and the filtration equipment for opening. Also, a gate has been provided at the entrance to prevent unauthorized access when pool is closed.

The House Committee expresses its gratitude to all members who have offered suggestions for improvements within the Club.

# Ladies Section



## LADY CAPTAIN

Shiraz Singh

The Ladies Section's Golf Calendar continues to try to represent the history of our Club through its monthly competitions, some instituted as far back as 1928 (the Lady Irwin Cup).

Braving the cold and heat in equal measure, the ladies and handful of juniors that remain, participate enthusiastically to earn points on the Section's golfing '**Ladder of Laurels**' which was the brainchild of Shiraz Singh and introduced at the beginning of the golfing season. With one competition to go, excitement brewed as the LC was perched comfortably at the top only to have the crown wrested away by **Aashna Monga**, with her win of the Genesta Salver Open

Instituted 14 years ago, the annual **DGC Ladies Inter Club Invitational** was uniquely played this year. The 80 plus ladies, from Clubs as far as Chandigarh, played 9 holes on the Lodhi Course and 9 of the recently opened Peacock, in an American Foursomes format, which they thoroughly enjoyed.

The afternoon round concluded with an evening prize distribution

followed by drinks and dinner. The super DGC ladies' hospitality, the well attended event, graced by the Captain, President and a few GC members of the Club, proved a huge success and earned much praise from many! The team from Army Golf Club emerged the winners, with DGC "A" comprising Shiraz Singh, Aashna Monga, Miok Jeong and Eui Suk Yun a close second and DLF in third place. Our teenager **Sahiba Singh** (P-079) scored an ace!



The Captain with some of the players



The President with some of the players



The DGC players



Sahiba



The President with the winning Army Team



DGC "A" Team with the Captain



Annika Sorenstam with the girls



The LS being committed to providing the wherewithal to support youngsters in every way, including exposure to the game at the international level... subsidized Seher Atwal, Sifat Sagoo, Arshia Mahant and Ananya Barthakur to the Annika Invitational Golf Tournament played in Mission Hills, China from 5th - 10th April. By virtue of being ranked 1st in the Albatross Order of Merit 2015, Category B Girls, Ananya received entry fee waiver and complimentary stay. These girls are steadily making their way onto the National scene.



Matchplay. February brought almost a hundred members of the Ladies Section together to celebrate everyone's favourite – LOVE! In the first of its kind **"Love Tea"** the ladies, in touches of red, enjoyed the deceptively tough 'Love Quiz', 9-hole partner-putting competition and beautiful tea laid out amidst the red and white décor. What better way to spend an afternoon, with Cupid in attendance!



The presentation of gifts to Clubwide staff both on & off the course, permanent and temporary, took place in March. The LS Committee was at hand to do the honours. This LS annual tradition is greatly appreciated.

Another milestone in Lady Captain Shiraz Singh's tenure was the idea to hold a **party for the children of DGC staff**. Closely following the Ladies Section's successful template of

the Members Children's Christmas Party, over one hundred kids, of staff across all departments in the Club, came together in their Sunday best, to enjoy the games, bouncing castle, puppet show, dance competitions, mouth-watering fare and carefully selected gifts and prizes.



The spontaneous participation of some of our staff, who expertly pounded the dance floor (alongside the kids) with members of the Ladies Committee, Captain and President of the Club, was delightful. The President even suggested, with the ladies agreement, that the Club should host the event next year! The Ladies Committee with the help of some member volunteers made



sure the kids had a blast. Though Christmas had come and gone, Santa Claus agreed to drop in, much to the excitement of all! A special thank you to Chef Gomes for being such a sport, again! Kudos to the Lady Captain and her Committee!! Never a dull moment, both on and off the course!



## COMPETITION RESULTS



### CHAND UJJAL SINGH

**TROPHY** (Foursome Team Stableford)

**Winner** Shiraz Singh / Neelam Sihota  
**Runner-up** Miok Jeong / Eui Suk Yun

### LILI KHANNA

**ROSE BOWL**

(Greensome Matchplay off H'cap)

**Winner** Kanwal Varma / Divya Kohli  
**Runner-up** Shiraz Singh / Neelam Sihota

### DECEMBER MEDAL

**Gold Division**  
**Winner** Aashana Monga

**Silver Division**  
**Winner** Bubbles Suneja  
**Runner-up** Monica Tandon

**Bronze Division**  
**Winner** Shashi Kapoor  
**Runner-up** Mridula Tandon

### 9 HOLE MEDAL

**Winner** Uma Khanna  
**Runner-up** Kiran Malhotra

### JANUARY MEDAL

**Gold Division**  
**Winner** Miok Jeong

**Silver Division**  
**Winner** Bubbles Suneja  
**Runner-up** Mridula Tandon

**Bronze Division**  
**Winner** Usha Chatrath

### 9 HOLE MEDAL

**Winner** Neeraja Khanna

### LADY IRWIN CUP

(Stableford off Full H'cap)  
**Winner** Aashana Monga  
**Runner-up** Eui Suk Yun

### FEBRUARY MEDAL

**Gold Division**

**Winner** Miok Jeong

**Silver Division**

**Winner** Hanisha Daryani  
**Runner-up** Pamela Bhagat

**Bronze Division**

**Winner** Ritu Kohli  
**Runner-up** Usha Chatrath

### 9 HOLE MEDAL

**Winner** Asha Khurana

### RANI LAXMI BAI TROPHY

(36 Holes Open Stroke Play)  
**Winner** Shiraz Singh  
**Runner-up** Miok Jeong

### OISHI CUP

(36 Holes Open Stroke Play)  
**Winner** Kamini Gupta  
**Runner-up** Mridula Tandon

### LILI FUENTES

(Stableford – H'cap – 18 & below)  
**Winner** Shiraz Singh

### JOGI RAO TROPHY

(Stableford – H'cap – 19 to 36)  
**Winner** Ruby Mann



## PEACOCK COURSE

At the onset, apologies for the BIG gap between issues – the contract with Rolex which expired end December took a while to be renewed.

We are back with great gusto and with news of the hot topic at the Club: the much awaited upgraded Peacock Course, which was finally opened to members at

an underplayed tee off by the Captain at dawn on Saturday 26<sup>th</sup> March. Some members were expecting a bit of a tamasha, as this had been a major undertaking (initially the Club had said the work would take 7-8 months and that they would close 3 holes at a time; eventually it took a full 15 months to get all 9 holes redone). In fact the Captain had informed the members

allow undisturbed play all year round.

The long languishing mud-based Greens, now sand-based, were dug to a depth of 2 feet and a herringbone drainage system installed. The new design of substantially bigger greens, as per USGA specs, allow a multitude of pin positions, thus varying the level of difficulty. Each widened Fairway collects water underground, in catch basin areas, all of which are inter-connected and water is channelized to recharge wells; each hole has its own strategically positioned recharge well to collect water in low lying areas – pipes have been installed under the fairways to ensure no wastage of water. The underground drainage system of the Bunkers is also connected to the closest catch basin. It was quite a struggle to develop the 2<sup>nd</sup> and 8<sup>th</sup> fairways, as there was not much soil. In fact, 15 tractor loads of rubble and coal was found, on digging the 8<sup>th</sup> fairway, indicating the existence of



*New rockery behind the 2nd Tee*



*View of completed bunker at dog-leg of 2nd hole*



*...and view beyond to the 2nd green*

of a soft opening as far back as September 2015. In late March, my colleague Gaby and I were taken around and introduced to the newly renovated Peacock Course by the Captain.

The upgradation had been a matter of discussion for many years, initiated by, as we understand it, the then Captain Manjit Singh. The first concrete steps were taken later, during the tenure of Captain Vijay Dhawan when, Phil Ryan who was chosen as the Golf Course Architect, presented a project report with cost estimates of around 5 crores. However, as the plan required the felling of many trees and efforts to get clearance from relevant authorities were fruitless, eventually the blue-print of a 3600-yard par-36 course was abandoned. Successive Captains struggled to do something for the Peacock Course. Eventually, during Captain Kapil Channa's second year the course design was modified to accommodate the restrictions.

The intention was to have a 3<sup>rd</sup>-9 of the Lodhi Course, so as to encourage 'A' members to play the renovated course. The up-graded drainage would

a railway yard perhaps (there is a railway bridge adjacent to the 6<sup>th</sup> Tee, as we know). We tend to take for granted at times that we tread ground which is steeped in history, not only of the Lodhi and Mughal Periods, but also of the development of New Delhi.

It is not just the fairways, bunkers and greens that were redone – the course has taken a different shape altogether. As with all undertakings of this nature, there are those who are for change and, those who are not. Just to give you an insight into this feedback I have included some of each. Some members are of the view that being less penal, due to its widened fairways and



*Tee 3 - under construction*



*Example of enlarged tees at the 3rd Hole*



4th Hole - Work in progress



4th hole as it looks today

diminished forest, it will make play more enjoyable and help to speed up play. Others feel the renewed course will give the skilled players and pros a chance to work on their game; and juniors, who are generally confined to the Peacock Course, would find it more encouraging.

There is, of course, no doubt that a superlative job has been done with the fairways, bunkers and most of all, the greens, which are a delight to play on, now being world class. However..... on the other side, there are members who feel that perhaps there has been a tendency to emulate 'resort' courses, thereby losing the

however, a lot of the undergrowth has gone. According to Eric Sen's 1973 article on the Club's website, "An oasis had been created in the heart of New Delhi where one may join the birdwatchers in the sanctuary where over 300 species are found". It is the nature of the jungle to provide cover and protection to among the rest, the magnificent peacocks which bring a sense of awe each time one sees this

bird on the course.

Many questions have been raised: Were the sububool actually damaging the course? Could the vines have been dealt with differently? Is the thick underbrush coming back? What type of trees are being planted – the original Delhi scraggly, thorny ones or ornamental trees? Was a tree expert like perhaps Pradeep Kishen consulted, with what variety to plant? (As we are aware, this is not a tree-lined course, but one cut into a forest). Many are disturbed by the extensive clearing of the rough. Though



5th hole under construction



View today from the completed 5th Tee



The increased greenside 5th bunker

original unique character of the jungles and thorny brush of the DGC. Some feel that too much money (Rs 7 crores) was spent on creating huge greens and bunkers which are not in keeping with its distinctive nature. The natural habitat has been lost to a large extent and replaced by palms, draecenas, cactus and similar plants (albeit temporary, as we were given to understand our original trees would replace these in the monsoon) that stand out like sore thumbs. In an effort to beautify perhaps, rockeries have been created cheek by jowl with beautiful ancient monuments. Yet another new design of wooden benches has been introduced – in the last ten years this is the fourth, as per my count, on our courses! A few years ago, red stone benches were installed, keeping in congruence with the monuments it boggles the mind, why a need for change, for the sake of change, is felt necessary.

Naturally one's attention diverts to the Lodhi Course, which is in top condition with lush fairways and greens playing true; sadly

fairways at points may have needed widening, was it necessary to lose the "intimidation factor" of the DGC? That errant balls could result in torn t-shirts and bleeding arms? That balls WOULD be lost if you hooked or sliced? Now, even the average golfer has a clear shot and, a pretty good chance to make par from off the fairways. Should change come at the cost that those who come to DGC don't feel scared anymore to pull out their drivers; that our infamous jharis must be given due respect? Are we losing our unique character and becoming 'like other courses across the globe' in our attempt to become 'World Class'?

Members may continue to argue both sides. Meanwhile lets spend the hot summer months doing what we love to do - playing golf.....

Happy Holidays to all!

*Soni Manjit Singh*  
**Soni Manjit Singh**

# Hero Indian Open 2016

## CHAWRASIA SHAKES THE MONKEY OFF HIS BACK

It is remarkable how, after missing out on victory at the **Hero Indian Open** no less than four times, most excruciatingly in the playoff with Anirban Lahiri last year, **SSP Chawrasia** came back with a well deserved win. He scrambled as only he knows how, to script a memorable tournament to etch his name into Indian golfing folklore.

With Jeunghung Wang throwing his hat in the ring at 13-under, Chawrasia was hanging on to a wafer thin lead. It appeared that a playoff might be needed to separate the men for a second year running.

Lahiri needed to get up and down for a birdie to tie Chawrasia to pile on some more pressure, but that did not happen.

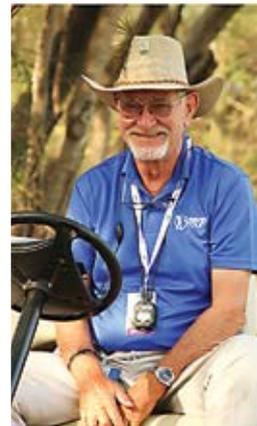
Lahiri was a sporting opponent, one who had been in the lead, to applaud SSP's approach shot to the 18th green within five feet of the pin.

The Kolkata lad signed off with a well executed birdie to move to 15-under and take the National title that had eluded him for over a decade.

Master's Champion **Padraig Harrington** failed to impress and missed cut.



The ever smiling Shiv Kapoor with his bride - to be and exuberant baraatis sending him from the fairway to the matrimonial way.



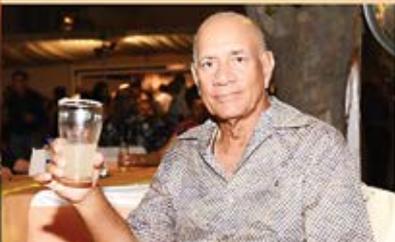
- **SSP Chawrasia earns a full European Tour card through 2018**
- **Chawrasia is nearly assured of his spot on the Indian team to the Rio Olympics**
- **Moves from 243 to 152 in the WGR's**
- **Becomes the third Indian to win three or more European Tour titles, after Jeev Milkha Singh (4) and Arjun Atwal (3)**
- **The 12th Indian victory on the European Tour.**
- **He becomes the 9th Indian to win the national pro title.**



# Captain's Night

**23rd April:** A fun-filled evening with a complimentary well-stocked bar saw an attendance of over 1200 ! The Captain presented prizes for **skills competitions** held during the day, as well as mementos to **members of 40 years +** standing. The band Traffic Jam enthralled the members with renditions of music of the 70's & 80's - the dance floor was rocking! Moet's were the caterers.







President Rajesh Dhingra handing over the cheque to Sunil Handa's brother

He was the smiling face that always greeted you, mostly by name, as one entered the Lobby of the Club. On the 1st of January this year, Supervisor and, friend to many, **Sunil Handa** suddenly passed away shortly after completing his duty on New Years Evening at the Club. As if to confirm Sunil's impact on so many lives, in the 23 years he served the Club, members rallied, and a collection of Rs. 27 Lakhs was handed over to his brother, by the President Rajesh Dhingra. Sunil, who was unmarried, took care of his physically challenged sister. He will be missed at the Reception by many members.

After a commendable stint of 38 years, our Senior Course Superintendent retired at the end of last year. **Babu Lal** was old school, who learned on the job and he never looked at the clock, staying as long as required because to get the job done to perfection was his aim. Due to his dedication and expertise former Club Secretary VK Khanna recommended him for a 4-year stint with a golf club the State of Bahrain.

Babu Lal, jumped in at the deep end, with the 1982 Asiad being the first of his many major accomplishments. Manual machines gave in to motorized ones, and he learned how to operate each one. Being from the

pre-computer era, he was able to produce facts and figures in the blink of an eye. For most of his tenure work on the course was manual: irrigation sprinklers were turned on each evening, bunkers were



Babu Lal being interviewed by the Editor



Paul Collingwood, Ottis Gibson, Raj Khosla Captain DGC, Joss Buttler and Alex Hales

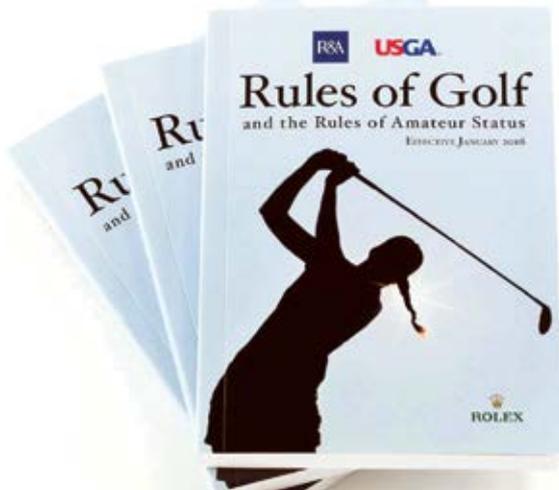
smoothened with one man pulling the rake and another pressing it down with his foot! He worked on mud greens, then mud & sand greens, then sand greens et al. He was felicitated by past President Justice BN Kirpal, as well as by past Captain Vijay Dhawan. Injured peacocks and sambhars were lovingly tended to by the course management staff. He remembered the day when a member snuck in a pair of sambhars... and the rest is history! Unfortunately, he saw the disappearance of rabbits, porcupine, monitor lizards and partridge during his last few years at the Club. Farewell Babu Lal, and thank you for your service to the Club...

## GOLF WITHOUT CLUBS



A new game is emerging in the US after its initiation in the Netherlands in 2009 – foot golf, a soccer-golf hybrid in which players boot a ball over a course and into a more than ½ metre wide cup with as few kicks as possible.

Early indicators are promising with the World Golf Foundation saying that 36% of footgolfers are now more interested in playing golf. This is important as golf has lost some 5 million players over the past decade; more courses are looking to footgolf as youngsters find golf expensive, time-consuming and boring. 433 golf courses allow the game. Traditional golfers scoff at soccer balls but the golf industry has largely embraced the game, hoping among other things to attract a younger and more diverse crowd.



The R&A and the USGA have announced the publication of the 2016 edition of the Rules of Golf and the 2016 edition of the Rules of Amateur Status that both take effect on January 1, 2016. Both revised publications are the culmination of the normal four-year review cycle and are collaborative works by The R&A and the USGA that apply worldwide to all golfers. This is the first time that the R & A and USGA have brought out a combined book. And, an important observation (though this may be considered trivia by some!) – this is the first time that a female golfer is on the cover.

Among the most significant of the changes in the 2016 edition of the Rules are the following:

**Withdrawal of Rule on Ball Moving After Address** - Rule 18-2b (Ball Moving After Address) has been withdrawn. This means that if a ball at rest moves after the player addresses it, the player is no longer automatically deemed to have caused the ball to move. A one-stroke penalty under Rule 18-2 will be applied only when the facts show that the player has caused the ball to move. *(Under Rule 18-2b, a player whose ball moved after address was automatically presumed to have caused the ball to move. In 2012, an Exception to Rule 18-2b was introduced to cover situations where it was known or virtually certain that the player had not caused the ball to move, but the application of that standard was not always clear. The withdrawal of Rule 18-2b means that there no longer will be any presumption and that the same overall test in Rule 18-2 will apply to all actions by the player: if the facts show that the player's addressing of the ball or other actions caused the ball to move, the player will incur a one-stroke penalty.)*

**Limited Exception to Disqualification Penalty for Submission of Incorrect Score Card** - A new exception has been introduced to Rule 6-6d (Wrong Score for Hole) to provide that a player is not disqualified for returning a lower score for a hole than actually taken as a result of failing to include penalty strokes that the player did not know were incurred before returning the score card. Instead, the player incurs the penalty under the Rule that was breached and must add an additional

penalty of two strokes for the score card error. In all other cases in which a player returns a score for any hole lower than actually taken, the penalty will continue to be disqualification. *(The introduction of the new Exception under Rule 6-6d will maintain the importance of returning an accurate score card by penalising the player two strokes for the score card error in addition to the penalty for the original underlying breach of the Rules. In all other cases where a player returns a score card with a score lower than actually taken on a hole, the player will continue to be disqualified.)*

**Modification of Penalty for a Single Impermissible Use of Artificial Devices or Equipment** - The penalty for a player's first breach of Rule 14-3 (Artificial Devices, Unusual Equipment and Abnormal Use of Equipment) during the round has been reduced from disqualification to loss of hole in match play or two strokes in stroke play. The penalty for any subsequent breach of Rule 14-3 will continue to be disqualification. *(In addition to the revised penalty for a player's first breach of Rule 14-3 during a round, a statement has been introduced at the beginning of Rule 14-3 to explain that the governing bodies are guided by the principle that "success should depend on the judgment, skills and abilities of the player" in determining whether use of any artificial device or item of equipment is in breach of the Rule.)*

**Prohibition on Anchoring the Club While Making a Stroke** - As announced in May 2013, the new Rule 14-1b (Anchoring the Club) prohibits anchoring the club either "directly" or by use of an "anchor point" in making a stroke. The penalty is loss of hole in match play or two strokes in stroke play. *The R&A and the USGA announced in 2013 that new Rule 14-1b prohibiting anchoring the club in making a stroke would take effect in the 2016 edition of the Rules. The Rule was adopted following an extensive review by both organizations. For an explanation of the reasons for adopting Rule 14-1b and for guidance on applying the Rule, see Anchoring).*

David Rickman, Executive Director – Rules and Equipment Standards at The R&A said, "We continually look at ways we can improve and clarify the Rules of Golf. The R&A and the USGA collaborate closely and we consult with our respective national and international advisory members to produce a code of Rules that is relevant to all golfers around the world."

Thomas Pagel, Senior Director of Rules of Golf at the USGA, said, "The objective with each four year cycle of the Rules is to monitor developments in the game and, when appropriate, to respond with changes that keep the best interests of the game in mind. The amendments for 2016 preserve and enhance the essential principles of the Rules, while at the same time ensuring that they reflect the evolution of the game."

With contributions from our own R&A Qualified Referee and IGU Tournament Director, **Shalini Malik ( M-469)**

# Remembering Eminent Members

## Sayonara Sita, Sayonara Golfing Sahibs of DGC.....

Sayonara it was for 2015, the year went by and sayonara sadly for several renowned personalities from our second home Delhi Golf Club.

Walking down the fairways of the Lodhi Golf course some mornings in the past weeks, I looked at the sky several times thinking about some of the most wonderful members who could be watching us from the heavens!! No envy though as they are in a better place.

Prominent amongst members of DGC's golden era, legend of Indian Golf **Sita Rawley** passed over peacefully on 20th of November 2015 at age 90, after having lived a full life and passion for the game. For all our members who knew the spirited Sita Rawley, would agree that her motto "never say die" was keenly displayed by the strong will power that she fascinated everyone with over the past 5 decades of her golfing career.

In one of her many notes that she left, her strong passion for the game was reiterated as she wanted her favourite golf hat to be placed on her head at the end!

Displaying her best golfing talent after the age of 55, Sita Rawley mesmerised golfers half her age from the country and South East Asia even at the age of 57! In one of the most keenly fought match play tournaments - the All India Ladies Amateur Golf Championship in 1978, I watched & cheered as she holed a miracle bunker shot on 19th hole (first) to win the All India Ladies Amateur Title for the 3rd time in a row. The coveted Arjuna Award was bestowed upon dear Mrs Rawley shortly after this feat.

A former Captain of Delhi Golf Club Ladies Section, Mrs Rawley was responsible for generating great interest in sponsorship for

the Ladies Northern India, now known to us as Delhi Golf Club Ladies Open.

During her tenure as the Chairperson of the Indian Golf Union Ladies Section, Sita Rawley invited Hall of Fame player and teaching professional, Peggy Kirkbell from the United States to groom young talented golfers. Several young players received golf scholarships to universities in the United States through the good offices of Sita Rawley. As a patron of Women's Golf Association of India since its inception, in 2004, Sita Rawley was delighted with the inauguration of professional golf for female players. She lauded the efforts of the association in bringing world class players to compete against Indian youngsters.

A word of encouragement and advice to all in need, Mrs Sita Rawley reached out! Some of her best heard stories were about the elephants in DIGBOI on the golf greens!!

Reminiscing about Sita Rawley, with her four balls, in the early eighties and nineties in her straw hats and scarves, is indeed a delight.

The bold gentry of Delhi Golf Club's golden era has passed over; smile at the sky when you walk the fairways at DGC and give a salaam to those watching from above, to mention a few former Presidents of DGC - Gen OP Malhotra former Chief of the Army Staff, Ashwini Kumar President of Indian Olympics Association and Marshal O P Mehra our former Air Force Chief - all made enormous contributions to the Delhi Golf Club during their tenures as President in the 1980' and 1990's, besides being good and regular golfers.

Sayonara to my ever smiling caddy- Swaraj and DGC Receptionist Sunil Handa, may you all Rest in Peace.

**Champika N Sayal (S-589)**



**Air Chief Marshal Om Prakash Mehra, PADMA VIBHUSHAN, PVSM**

**Chief of Air Staff 1973 – 1976.** After retirement He represented India at a UNESCO meeting in Paris as Deputy Leader of India's Team. He served as the

Governor of Maharashtra (1980) and Rajasthan (1982). In 1975 he was elected as President of the Indian Olympic Association and was responsible for hosting the Asian Games in 1982. From 1978 to 1980 he was President of the Asian Games Federation, currently known as the Olympic Council of Asia and was the Honorary Life President of the Olympic Council of Asia. For community service projects he received the Srimoni Award in 1988, the Rajiv Ratna Award in 1991 and the HELP-Age Indian Golden Award in 1999.



On the sad demise of **Mufti Mohammad Sayeed (M-389)** Chief Minister of Jammu & Kashmir and former Minister of Tourism and Home Minister at the Centre, I remember him not so much

for golf, but for his presence in the other Club space, more particularly at the Bridge table. Mufti Sahib was a gentleman politician besides being a good 'balancer' even in the social sphere

**by Commodore Mukund Kunte ( )**



**K. Shankaran Nair** was a former chief of the Research and Analysis Wing (RAW) and was credited with the success of the 1971 Bangladesh war. Under his leadership, RAW helped find the guerrilla fighters troupe Mukti Bahini and train them. He was later appointed as India's High Commissioner to Singapore in 1986. He was an avid golfer playing 6 days a week as long as health permitted.

## A TRIBUTE TO MY FOURBALL

### Billoo Bajaj (B-345)

The passing away of my friend Ravi Kathpalia (Chacha), I have lost the last of my golfing foursome. Ravi, NS Chaowdhr, Owais Kidwai and self formed our fourball in 1990, and we shared some thrilling and memorable moments together in this long, but woefully short, journey.

Narinder whom we all referred to as Chaudhry Sahib, was a tall, slim, handsome bureaucrat, a man of a few words but a good golfer. He called me Bull Sahib and was the pillar of our fourball, always on time, practicing before the game, and finally driving the first shot into the bushes. Mulligan was not allowed, but he used to make up the loss later during the game. His calculations at the end of the game were instantaneous; being a mathematician he had devised his own way of calculating how many team and individual matches were won or lost. It always used to be a very competitive game played by the rules. He did teach me one of his “calculation tricks”. His passing away which came as a surprise, was a great shock to all of us as he was discreet about his health. Owais Mian was a thorough gentleman. He never swung the club before the game and would always accept any game with whatever stakes and strokes without hesitation. Living earlier in Defence Colony, he would be there for golf every morning, enjoying his cup of tea with friends and waiting for late latifs Ravi and me. He was a most likeable fella at the Club. I miss

his charismatic personality and his helpful attitude towards all, especially the staff. We bade him farewell and laid him to rest next

to his wife Abida in the Lodhi burial grounds – a tearful moment for all of us.

Coming to my dear friend Ravi famously known as Chacha by caddies, starters, Club staff et al – he was the most colourful personality of all. I called him Raviji as his aim was always to beat me in the game and mine was with how many strokes I could beat him. After every round he would say, “Colonel, if I had not missed that putt, I would have taken you to the cleaners”.

Earlier other than me, the others were office-goers and so we were morning golfers. He was most relaxed about playing way past office time, and chomping on a samosa with ketchup, licking every little last red drop! No one could beat Chacha in a conversation on politics, sports, theatre or even plain gossip. His flair for English was par excellence and he had the last word for everything. Just before his passing away we spoke to each other and were to resume our game as I had been laid off due to a knee replacement, but it was not destined. But I believe that they have already made a threesome and are enjoying golf on the prettiest course imaginable. Their passing has left a huge void in my life and I am waiting to join them to complete our fourball. This is written with humility and offence to none.



### **General Om Prakash (OP) Malhotra, PVSM,**

was the 13th Chief of Army Staff of the Indian Army from 1978–1981. Upon retirement he was appointed Ambassador of India to Indonesia from 1981-1984 and Governor of Punjab and Administrator of Chandigarh from 1990-1991. He was President of the Equestrian Federation of India (EFI), a founding member and former President of the Asian Equestrian Federation (AEF)



### **Lt Gen Jack Farj Rafael Jacob**

was a celebrated Indian Army officer who negotiated Pakistan's surrender in the 1971 war; A proud son of the Jewish community of India and supporter of India-Israel relations, he was a human bridge between the two countries. He was Governor of Goa and Punjab.



**Anoop Singh**, Member Railway Board was the Founder Vice-Chancellor of Punjab Technical University and was on the Board of Governors IIT Delhi and Kanpur. He created the India–Pakistan Golf Tournament during the time he built the Lahore-Amritsar railway line.

He was All India Railway Golf Champion seven times and was known for his booming drives.



### **Air Marshal Kanwar Iqbal Singh Chhabra, PVSM, AVSM**

a member since 1962, was an avid morning golfer till old age took its toll. When he was posted in Nagpur as Air Officer CC Maintenance Command, he created a golf course from scratch. He was a champion badminton player. *(With inputs from Air Marshal Didar Singh (S-387) who, when Sita Rawley took the Indian women's team to the Air Force Golf Club for coaching from Mahinder, refused to accept coaching fees as it was a team that was playing for India).*

# Members Matter



On behalf of the President of the French Republic, H.E. Mr François Richier, Ambassador of France to India, conferred the highest French civilian distinction the **‘Officier de l’Ordre National de la Légion d’Honneur’** (Officer of the Legion of Honour), on **General JJ Singh** (S-645), former Chief of Army Staff of India, on Monday, 11th April 2016. This honour was in recognition of his role in modernising the Indian Army and initiating robust exchanges between the Indian and the French armies for achieving unprecedented levels of cooperation and inter-operability, creating enduring ties and promoting mutual understanding between India and France.



Jagdish Sharma, O Ravi (R-202), Tiger Bahahur (B-408) and President Rajesh Dhingra (D-207)

During the NRC Cup Tournament Jagdish Sharma (S-840) got a Hole-in-One on the 12th hole.



The film Nanak Shah Fakir produced by **Harinder Sikka** (CP-101) has been awarded three National Awards :

1. Best film for National Integration.
2. Best Make Up.
3. Best Costumes (costumes were rated higher than those of Bajirao Mastani).



For his work leading Maruti and the Indian automotive industry, **R C Bhargava** (B-372) was awarded the **Padma Bhushan** by the President of India earlier this year. This is in addition to his receipt of the Order of the Rising Sun, Gold and Silver Star, by the Emperor of Japan.



Club members **Rishi** and **Charu Narain** (N-145) have re launched Golf Digest magazine in India from April onwards. Both passionate golfers, they feel

that a top class national publication can contribute to spreading awareness and help popularise and grow the game's following across India.

Members can subscribe by sending an sms to +919999868051.

## INDIA GOLF AWARDS

For his contribution to the game in India **Pawan Munjal** (M-515) was recognized as the **Best Golfing CEO**. It is difficult to think of another corporate scion who deserves the accolade more than this passionate corporate golfer who has put his money where his heart lies, investing millions of rupees, year after year, into the development of golf in India. His support to professional women's golf



Shiv Kapur (SD-978) & Arjun Atwal (A-201)

has been nothing short of immense, considering that he has been single handedly bankrolling the entire chest of prize money for the eighteen WGAI Tour events each season.

Other members who were felicitated:

**Best Golfing Celebrity**  
**Gen JJ Singh** (S-645)

**Veteran's Award**  
**Lakshman Singh** (L-113)

**Dr. Bharat Ram Life Time Achievement**  
**Ali Sher** (A-173)

**Corporate Contribution to the Sport**  
**Gautam Thapar** (SL-144)

IGU's National High Performance Manager, **Amandeep Johl** (J-122) with the Indian Ladies Golf team to the 28th Queen Sirikit Cup in Jeju, Korea. India came in 10th.





It was the golden jubilee year for this annual Statesman Vintage and Classic Car Rally. On March 28th I mustered some courage and energy and fielded my Standard Herald of 1962 vintage. 'Made in India' in Madras, the Heralds came with hard tops, but I had bought a soft top Triumph Herald in London for 50 Pounds and Qadir's Garage had fixed it making my car the only one of its kind East of the Suez! So in 2008 I had happily participated in the Statesman Rally in the 'Classic' category, and did the same this year as well with my grandson in the passenger seat.

I too once owned a vintage car – a two-seater sports model 1947 MG which I used when posted in Delhi as the Flag



lieutenant (ADC) to the Naval Chief. There were no car rallies then, but I had an unforgettable experience of once driving my Admiral to meet the Defence Minister as he wanted to see him urgently and there was no official car immediately at hand. So from South Block we drove along the sunken road of Rashtrapati Bhawan, on to Dalhousie Road and South Avenue to enter Mr Krishna Menon's 19 Teen Murti Road bungalow. Mr VKKM was waiting in the verandah and true to his nature showed no concern at seeing his Service Chief emerging from my two-seater!

**Commodore Mukund B Kunte**  
(K-209)



The three legends on the 1st tee at Augusta: Jack Nicklaus, Arnold Palmer and Gary Player



KP Singh in the Master's caddy white overalls with Gary Player.

At a small private dinner at Gary Player's home, he enthused about the vital nature of the job of a caddy. **KP Singh** (S-036), the leader of India's largest Real Estate company which also hosts a fine new golf course designed by Gary, at age 86, undertook a 3-day journey to the Augusta to be Player's caddy at the ceremonial tee off at the 80th Masters. Mixing freely with the three greatest living legends of golf of yesteryear on the 1st tee is indeed a rare honor; in the same breath it could be said Player was honoured to have KP on his bag. **Siddharth Shriram** (C-022), the diligent scribe covering the Masters (including for the above described events to which he was a witness) for the Business Standard received an encomium from the media head of the Masters organization for his Masters coverage for this year, terming it as excellent prose and among the best coverage.

## PROGRAMME OF EXCELLENCE

List of juniors who have been selected for Programme of Excellence w.e.f. 1st May 2016 to 30th June 2016:

### DEPENDENTS:

1. Seher Atwal
2. Eshaan Sethi

### TALENT MEMBERS:

1. Harshjeet Singh Sethi
2. Aaryomaan A Bose
3. Sifat Sagoo
4. Ananya Barthakur
5. Raghav Chugh



Youngster **Sifat Sagoo** (ST-742) continues to gather momentum after her November win at IGU's Gujarat Ladies & Junior event; winning by 23 shots at the Mission Hills Qualifier at DLF in January and tying 3rd at the Queen Sirikit Trials at Classic, this April, earning the Reserve slot.



A 7-foot snake in fear for his life as he was being attacked by five mongooses, slithered onto the cart path on the 4th hole. **Rajan Kapoor** (CPA-160) captured this shot on his mobile.

# Members Matter



"My father Baljeet Singh or Billa as he was known had a special love for the golf club. In fact I often thought it was his 'first home'. After all it was a long association of over half a century. He was always there feeling so alive in the company of his friends. The bond he shared with this place is beyond comprehension".  
Arti Singh (SD-280)



**HK Singh, 'Kavi'** to most, was a passionate golf aficionado, combining his passion for the game, with another, writing. Kavi Singh was associated with the Green Scene, first as an editorial board member and then, as Editor for many years. To gain some insight into his passion, during his ten year stint, in the 1990's, as Editor of Golfingly

Yours - the IGU's un-economically viable proposition then, Kavi bankrolled the magazine personally! His years as a creative ad man fired his interest constantly and, till very recently, was either seen with his camera, capturing the beauty that is our Club or, his putter, soaking in the setting sun, as he practised many evenings. Concerned that his legacy, of the GY early years, was not forgotten, boxes of the magazine and books on golf were handed over, for posterity.

## ON THE ANNIVERSARY OF A HOLE-IN-ONE

The poet Leon S White wanted to commemorate his first and only hole-in-one with this poem, with his apologies to Robert Frost and Mark Twain

### A GOOD WALK UNSPOILED

I hit a ball into the sky  
I hit it from a perfect lie  
From tee to pin one sixty four  
If just to there the ball would fly,

I've hit a few balls like that before  
On line that orb did deftly soar  
It sailed just like a diamond kite  
How could I really ask for more?

Then on the green it did alight  
But soon disappeared from sight  
I started walking towards the pole  
Where did the ball end its flight?

Not in the trap, not by the knoll  
Not on the green, but in the hole!  
And on my card I wrote a one  
And on my card I wrote a one.

## HOLE-IN-ONE

Congratulations on the Aces!



### LODHI COURSE

The following each have won a memento and a bottle of Ballantine's whisky (for those 25years and above) to be consumed at the Club.

| Date     | Name                     | M'ship No | Hole |
|----------|--------------------------|-----------|------|
| 12.11.15 | P S Dugal                | D-206     | 17   |
| 19.11.15 | Avinash Chander Malhotra | SP-1049   | 17   |
| 19.11.15 | S Sundareshan            | S-839     | 7    |
| 24.11.15 | Suresh Chander           | C-250     | 7    |
| 28.11.15 | Akhil Nath               | N-182     | 17   |
| 09.12.15 | Ravinder Zutshi          | Z-002     | 7    |
| 09.12.15 | Sanjay Singh             | CPB-100   | 7    |
| 09.12.15 | Abhay Singh Sarila       | SD-097    | 5    |
| 17.12.15 | Kazuko Umeyama           | SP-1088   | 17   |
| 23.12.15 | Jagvinder Singh (Binny)  | J-027     | 5    |
| 29.12.15 | Amar Mehra               | M-564     | 17   |
| 07.01.16 | Eui Suk Yun              | SP-1155   | 12   |
| 08.01.16 | Surender Pal Singh       | S-540     | 5    |
| 08.01.16 | M S Ahluwalia            | A-116     | 5    |
| 08.01.16 | Jagdip Singh             | J-013     | 17   |
| 21.01.16 | Rohit Mehra              | M-570     | 17   |
| 22.01.16 | Jagmohan Prasad          | P-125     | 17   |
| 27.01.16 | B S Heer                 | H-119     | 7    |
| 28.01.16 | Anil Sawhny (Retd)       | S-653     | 7    |
| 29.01.16 | Rohin Khera              | SP-1166   | 5    |
| 29.01.16 | Riki Singh               | S-930     | 7    |
| 29.01.16 | Shyam Mulchand Chandani  | C-281     | 7    |
| 09.02.16 | Renu Malhotra            | M-552     | 17   |
| 11.02.16 | Rakesh Bhalla            | B-487     | 7    |
| 16.02.16 | Ashok Kapoor             | K-496     | 12   |
| 17.02.16 | Vikram Sethi             | S-570     | 5    |
| 23.01.16 | Umesh Talwar             | T-051     | 17   |
| 25.03.16 | Lalit Mohan Mehra        | M-148     | 7    |
| 29.03.16 | Vipin Malik              | M-548     | 17   |
| 03.04.16 | Jagdish Sharma           | S-840     | 12   |
| 09.04.16 | Shigekazu Suenaga        | SP-1162   | 17   |
| 10.04.16 | Rohit Mehra              | M-570     | 17   |
| 21.04.16 | Jan Olof Widerstrom      | CPA-159   | 12   |
| 24.04.16 | Ajai Singh Sirohi        | S-846     | 12   |

### PEACOCK COURSE

The following has won a memento

| Date     | Name         | M'ship No | Hole |
|----------|--------------|-----------|------|
| 11.04.16 | Sahiba Singh | P-079     | 01   |

## OBITUARY

We are grieved to record the sad demise of the following members:  
The Club extends its heartfelt condolences to their families.



Rajan Bhatia  
B-348



Air Chief Marshal  
O P Mehra (M-060)



Baljit Singh  
B-037



Sushma Y. Chitale  
C-164



K. Sankaran Nair  
N-021



P S Kashyap  
K-442



Prem Chand Jain  
J-014



Brij Mohan Kapur  
K-071



Mahindra Singh  
M-034



Maj. Gen. N.I. Bery  
B-321



O P Khaitan  
K-437



Ravi Kathpalia  
K-197



Gen. O. P. Malhotra  
PVSM (M-240)



Shakti Sikand  
P-037



Anoop Singh  
A-026



Satinder K Gulati  
SP-1039



Iqbal Singh Chhabra,  
PVSM-AVSM(Retd)  
C-218



Vinod Chaudhry  
C-203



Harbhajan Singh  
H-088



Lt. Gen. J.F.R. Jacob  
J-097



H.K. Singh  
S-122



Tikka Amarjit Singh Bedi  
B-233



Vikram Sikand  
S-588



R.M. Bedi  
B-494



Hari Krishan Ahuja  
A-062



Sunil Puri  
P-080



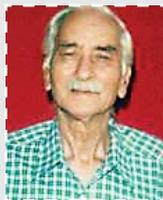
Mufti Mohamad Sayeed  
M-389



Prem Mohini Lall  
L-042



S Malhan  
M-066



N.L. Kapur  
K-024



B.K. Saraogi  
S-155



R.S. Saund  
S-391



Deepak Puri  
P-155



Jitender S Chopra  
C-285



Mohini Khanna  
WS-025

N.B. Singh  
S-070



Sita Rawley  
R-101

**Lady Captain** 1963,1988,1989  
**Convenor IGU Ladies Section** 1993-95  
**Arjuna Award** 1977  
**Ladies All India Title** 1976, 1977, 1978  
**Northern India Title** 1969,1979,1980  
**Patron WGAI**

Member of numerous Indian teams to  
International Tournaments

**Editor:** Soni Manjit Singh

**Editorial Team:** Gaby Juneja and Anita Vasudeva

**Photos:** Gaby Juneja & Dharam Diwaker

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We acknowledge with gratitude the world wide web.

The Green Scene can be accessed on the Club website

<http://www.delhigolfclub.org>.

Members are welcome to write to the Secretary.

# Tournaments

## 11TH DELHI NCR CUP

The Club witnessed the continuation of a glorious tradition as prominent amateurs from India, Thailand, Scotland, England, Wales, UAE and Nepal came together to compete in **11th Delhi NCR Cup** and Delhi State Championship from April 5-8. This tournament is the brainchild of senior Club members Prakash Bhandari (B-339) President Delhi Golf Society, Vice-President KC Mehra (M-228) and DGC President, Rajesh Dhingra (D-207).

Putting DGC in the fray, the opening round saw the veteran Gagan Varma locked in a 3-way tie at the top of a tight leaderboard; unfortunately his 88 on Day 3 dashed any hopes he may have had. As many as ten players were locked within two strokes of the leaders.

The final round had drama all through the day as Yashas Chandra held on to his nerves and drained a 15-footer birdie putt on the 18th hole while avoiding a play-off and emerged as the champion.



(L-R) Prakash Bhandari (President, Delhi Golf Society & IGU Council Member) hands over the winner's trophy to Yashas Chandra (NCR Cup Champion)

Scores (after 72 holes)

**295 Yashas Chandra (76, 72, 73, 74);** 296 Amir Khan (77, 75, 72, 72); 298 Aalaap I.L (73, 77, 71, 77); 299 Tapendra Ghai (75, 77, 74, 73)

## 3RD CWT MEMBERS GOLF EVENT

The 3rd **CWT Charity Members Golf Tournament** took place on 15 April 2016. Of the 500 members who wished to enter, only 350 could be accommodated (out of the hat) in the two, jam-packed sessions. **Sandeep Khanna (K-506)** emerged overall winner, taking home a beautiful trophy replica & putter.

Replete with fare and fun, members were given a great day of golf and plenty of scope to understand the **Caddies Welfare Trust's** endeavour. Many confirmed their endorsement by handing in cheques to the Trustees, ensuring the valuable assistance predominantly DGC caddies receive, amongst others, continues. With the Ladies Section in their indomitable style assisting the Trust in

running the event, the President Rajesh Dhingra's encouraging words, at the Prize Distribution, of the Club's association with the Trust going forward, rounded off a perfect day and augers well for our caddies and their families. Members went home laden with goodies & spot prizes and the 25 Lucky Draw winners were as delighted as the tournament ones. The results were as follows:

- OVERALL** Winner - Sandeep Khanna (K-506)
- "A" CATEGORY** Winner - Rudra Shriram (CPB-106)  
Runner-up - Navdeep Singh Chopra (C-284)
- "B" CATEGORY** Winner - AK Virmani (V-046)  
Runner-up - Chetan Singh (C-210)
- 9 HOLE PRIZE** Winner - Capt. CJR Ahluwalia (A-227)  
Runner-up - Amrish Anand (A-216)



# Indian Golf Stars

Sports Illustrated, the most widely read sports magazine globally, has selected India's **Ranveer Saini** as its **Sportsperson of the Year** for his stellar performance at the Special Olympics World Games Los Angeles 2015.



Bengaluru's **Chikkarangappa** capped a memorable 2015 season with victory at the **McLeod Russel Tour Championship** at the RCGC with a 12-under-276 total. At 22 years and 3 months, Chikka became the youngest **Rolex Player of the Year**.

**Anirban Lahiri** signed off, tied 28th, at the Career Builder Challenge on January 25th marking a creditable start to his maiden season as full member of the PGA Tour.

Teenage prodigy **Aditi Ashok** was honoured by the IGU President Anil Seolekar for becoming the first ever Indian to win a qualifying school event on any international tour, after she topped the field in Morocco in December 2015. She emerged a winner by 3 shots with a score of -23 in the 5-round European Tour's **Lalla Aicha Tour School** final qualifier, earning her full playing rights for 2016. The 17-year old's 5 rounds included a record breaking 10-under par 62. In 2015, Aditi won the St Rules Trophy and the Ladies British Amateur Open Stroke Play and, the Thailand Amateur.



Gaurika with Manisha Jaitha, Chairperson IGULS

17-year old **Gaurika Bishnoi**, a former Talent member of the Club, clinched the 99th Ladies All India Golf Championship at Chandigarh last December. This was preceded by a win of the

Ladies Northern India title.

**Priyanshu Singh** defeated **Kshitij Naved Kaul** (ST-877) 3/2 to win the 115th Amateur Golf Championship at the Classic Golf Resort in December.



Jeev with the European team Captain Darren Clark

**Jeev Milkha Singh** (C-271) captained the Asian Team to the 2nd **EurAsia Cup** in Malaysia. Europe won

by 18 ½ points to Asia's 5 ½.



22-year old **Vani Kapoor** India's No 1 professional golfer in 2014 & 2015 was named **Brand Ambassador** for Thailand Tourism in February this year.



**Anirban Lahiri** was nominated **Global Golf Ambassador** at the 3rd Indian Golf Awards in March given his status as the most recognized current golfer in the country. His success over the last one year (twice winner on the European Tour) and his presence on the PGA Tour have helped place India on the global golf map. In April Anirban became the first Indian to make the cut in successive Masters.



**SSP Chawrasia** was honoured as the **Hilton Asian Tour Golfer of the Month** for March, thanks largely to his heroics at the Hero Indian Open.



After the 1904 games Golf is making a return to the **Olympics** at Rio de Janeiro, Brazil. The Sports Ministry has identified the sport as a medal potential, going by Lahiri's form in 2015-2016. It is almost certain that the Indian team will comprise **Anirban Lahiri** and **SSP Chawrasia**.

# Global Golf

The PGA of America announced in March that it is ending its Grand Slam of Golf, the annual tournament featuring the year's major champions. The 36-hole event no longer "fits with today's golf landscape". "When the PGA Grand Slam of Golf was launched in 1979, the golf world was much different than it is today. The PGA Tour's wrap-around schedule, the European Tour's Race to Dubai, plus other important international events, make the fall schedule very busy and hectic for the top players in the world. The last Grand Slam of Golf, in October 2014, **was won by that year's US Open Champion**, Germany's Martin Kaymer, in Bermuda.

**Jordan Spieth** shot 6-under 67 to finish at 30-under winning by eight strokes at the **Hyundai Tournament of Champions** on January 10th; this was seventh heaven for him as it was the 7th win on the PGA TOUR, featured 7 birdies in the final round, came in the 7th week of the 2015-16 season and in the 77th start of his career as a professional! It also tied him with Tiger Woods for the most victories on TOUR by age 23 (though it should be noted Woods won 18 times in his first 77 starts!)

The **2016 Sony Open in Hawaii** champion **Fabian Gomez** fired a final-round 62 at the Waialae Country Club to tie at 20-under par 260 with Brandt Snedeker; he then birdied the second playoff hole to capture his second PGA TOUR win on January 17th.

**Brandt Snedeker** won the **Farmers Insurance Open** on January 31st with an astonishing round of 69 while a violent wind storm ripped up Torrey Pines and destroyed everyone else's scorecard. Strangely enough it isn't often that a pro wins a PGA Tour event without hitting a single shot on the final day - he had snuck into the clubhouse Sunday with an 80 while the rest of the field was terrorized by the wind and simply tried to break 80 on Monday. The weather over the last 48 hours at Torrey Pines presented some all-time brutal scoring conditions that will be remembered for a long time. It's fitting that the winner booked one of the better rounds in PGA Tour history and won it in one of the most unique ways possible.

The **Waste Management Phoenix Open** at TPC Scottsdale on February 7th staged one of the greatest back and forth playoff battles between **Rickie Fowler** and **Hideki Matsuyama**. Fowler led by two shots with two holes to play, but almost 90 minutes later after a seesaw, four-hole playoff, it was Matsuyama who walked away with a win. Neither player would give in. They replayed 18 twice, making par and then birdie to push it to a third playoff hole at No. 10. At the 17th, fourth playoff, Fowler put his ball in the water.

**Vaughn Taylor** closed with a 7-under 65 at a total of 17-under 270 on February 14th to win the **AT&T Pebble Beach Pro-Am** when Phil Mickelson missed a short birdie putt on the 18th hole. It was a stunning conclusion for both. Taylor hasn't won in more than a decade and now gets into the Masters, for the first time, since 2008.

**Adam Scott's** win with a 9-under 271 on February 28th at the **Honda Classic** at the PGA National, one of the toughest courses, less than two months into the anchor ban, must be that much more

satisfying for him. One of the best tee-to-green players had all eyes on him as he made the switch from the belly putter.

**Adam Scott** faced a daunting challenge, a six-shot deficit with 13 holes remaining 12-under 276. Scott won for the second straight week, shooting a final-round 69 to win the **World Golf Championships-Cadillac Championship** by one shot over Bubba Watson.



**Danny Willett** capitalized on Jordan Speith's meltdown and winning Britain its first **Masters** in two decades. On a final day, bursting with at times excruciating drama, he was a model of composure as he claimed the glory on five-under, three clear of Spieth and Lee Westwood. In an unprecedented Augusta collapse Speith, five clear after nine holes, was three behind three holes later.

**Jason Day** managed to become the fourth wire-to-wire winner in tournament history as he shook off some nerves and won the **Arnold Palmer Invitational** Presented by Mastercard for his 8th career title in Orlando, Florida.

**Jason Day** made his return to No. 1 in the World feel even sweeter on Sunday by winning the **World Golf Championships-Dell Match Play** in Austin, Texas, his second win in two weeks. He outlasted Rory McIlroy in an epic battle in the semifinals by **making a 12-foot par putt on the final hole**. In the championship match he trounced Louis Oosthuizen 5 & 4 to claim his 9th PGA Tour title.

**Lydia Ko** affirmed her status as the current best and most dominant golfer in the world, male or female, when she birdied the final hole of the **ANA Inspiration** at Mission Hills Country Club for a 3-under 69 for a total of 276. She stands alone with Young Tom Morris (that was almost 150 years ago in 1869!) Not Tiger Woods. Not Jordan Speith. Not Rory McIlroy. Not Annika Sorenstam. Ko had won the Evian Championship in September to become the youngest female major champion; and in February 2015 had become the youngest golfer to be ranked No. 1 in professional golf.





**DR. BHARAT INDER SINGH**  
*Senior Consultant - Sports Medicine*  
*Max Multi Speciality Centre, Panchsheel Park*

# Ageing in Elderly

I am sure, we all want to live a good life and not be infirm physically, mentally or medically in our old age. This is possible with correct diet and physical exercise, avoiding excessive stress, and a little good luck. It's important to make sure that your diet is well balanced and you get adequate exercise in order to achieve good health, and avoid long term diseases and illnesses.

A conscious fitness regimen will help you reduce your health care costs and extend quality life expectancy. As our lives become busier, the absence of time for exercise and wholesome food can impact everyday living and hasten ageing and age related diseases.

Ageing is roughly about 10% dependent on the genes and is associated with the gradual decline in the performance of each cell and the organ systems, resulting in the loss of reserve capacity, leading to an increased chance of malfunction. If the amount of correct nutrients or the right quantities of oxygen are not available during these changes, the cells formed would not be of the same quality as it looks or function.

What really occurs without exercise is that the maximum oxygen volume available to the body is reduced by 5 ml/ min/ kg body weight per decade from 25 years to 65 years. So now we know for a fact that without exercise roughly 20 ml/ min/ kg is the loss of oxygen at age 65.

To compound this further, without exercise the muscles for breathing become inefficient and the maximum breathing capacity also reduces by 5% to 15% per decade starting at 20 and reaching the lowest at 80 years.

Research has shown that an appropriate training programme can augment the aerobic power of a 65 or a 90 year old by as much as 10ml of oxygen/ minute/ kilogram body weight.

That literally means that you have a 65 year old body working at the efficiency of a 45 year old. What this translates into is an increase in life expectancy, a decrease in partial disability and major gains in quality of life. It also means that a significant increase in a productive and functional life span is achieved only by slowing the rate of the aging process.

## **Exercise can help in preventing diseases and treating many conditions such as:**

- Risk of breast cancer can be reduced as much as 25% with regular exercise, while the risk of bowel cancer can be reduced by 45%.
- Risk of developing dementia can be reduced by 30%.
- Risk of having a stroke can be reduced by 30%.
- Chances of developing heart disease can be cut by over 40%.
- Type 2 Diabetes can be prevented totally, if we do just 30 minutes of physical activity five times a week.
- Endothelial dysfunction is rare among active people and occurs later in life as compared to inactive individuals.
- Reduces internal clots by 39% in women and 22% in men.

- Regular exercise increases capillaries per cm of muscle including heart and brain.
- Heart stem cells (Progenitor cells) increase by 109%.
- In heart disease recent meta-analysis of exercise revealed 27% reduction of total mortality and 31% reduction in cardiac mortality.
- It is estimated that half the population don't do enough exercise and for the over 65 it's less than a third.

Exercise doesn't necessarily means going to the gym or working out, it could be as simple as taking the stairs rather than a lift, kicking a ball with your children or grandchildren, etc. The effect of small amount of regular exercise is better than many drugs and the extent of the benefits is astounding.



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